The Center for Population Health & Aging promotes successful aging through innovations in research, education, and practice that examine social, behavioral, economic, environmental, and technological solutions linking academic and real-world settings.

Health promotion and disease prevention efforts are important across the life-course. With increased longevity and population aging, new concerns are raised about the quality of America’s longer lives.

It is never too late to promote healthy lifestyles, medical management, and supportive environments for older adults. Aging individuals and communities can benefit from systematic research about best practices.

Together with both public and private partners, the Center for Population Health & Aging examines several interrelated areas:

- Identification protective and risk factors for health and illness
- Design and evaluation of interventions to promote health, prevent disease, and postpone disability
- Dissemination and implementation of evidence-based programs for seniors and other vulnerable populations

The Center’s healthy aging research includes faculty participation across Texas A&M University, including the Health Science Center, AgriLife Extension, Architecture, Education, Engineering, Liberal Arts, Bush School and Transportation Institute.

Expertise includes gerontology & geriatrics, public health, health sciences, health technology, behavioral sciences, nutritional sciences, chronic disease management, health economics & cost-benefit analyses, assessment & program evaluation, planning & policy analysis, and translational research.