

Megan Williams, Ph.D., CHES ®

Instructional Assistant Professor

Department of Health Behavior

Texas A&M University

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EDUCATION

- August 2023 **Doctor of Philosophy, Health Education & Promotion**
The University of Alabama (UA), Tuscaloosa, AL
Department of Health Science
- Dissertation Title: *An Examination of Sexual Health Service Utilization in Alabama Among a Sample of College Students Attending a Large Southeastern University*
 - Beth Chaney, Ph.D., MCHES® (Dissertation Chair)
 - GPA: 4.0/4.0
- May 2020 **Master of Public Health, Health Behavior**
East Carolina University (ECU), Greenville, NC Department of Health Education and Promotion
Professional Paper Title: *Evaluating Parental Opinion of Sexuality Education in Pitt County, NC*
- GPA: 4.0/4.0
- December 2017 **Bachelor of Science, Public Health Studies, *Cum Laude***
East Carolina University, Greenville, NC Department of Health Education and Promotion

International Experience

- May 2024 **Public Health Study Abroad- Sydney & Cairns, Australia (Faculty Co-Lead)**
Texas A&M University
- July-August 2017 **Public Health Study Abroad- London, UK (student)**
East Carolina University
Introduction to the United Kingdom public healthcare service through seminars and visits to the National Health Service Headquarters, Imperial College London, British Medical Society, Gordon Museum of Pathology, Public Health England, and the British Heart Foundation

PROFESSIONAL CERTIFICATION

- February 2024 Our Whole Lives (7-9th grade, 10-12th grade)
- July 2023 Mental Health First Aid

April 2019 Certified Health Education Specialist (CHES) #32064

July 2018 Teen Speak Trainer of Trainers

PROFESSIONAL EXPERIENCE

Academic Appointments

- August 2023-
Present **Instructional Assistant Professor**
Department of Health Behavior
Texas A&M University, College Station, TX
- August 2020-
August 2023 **Graduate Research Assistant & Teaching Instructor**
Department of Health Science
The University of Alabama, Tuscaloosa, AL
- August 2021-
May 2022 **Graduate Teaching Instructor, Sexuality and Society**
The New College
The University of Alabama, Tuscaloosa, AL
- August 2018-
July 2020 **Project Coordinator & Graduate Assistant**
Department of Health and Human Performance
North Carolina School Health Training Center (NCSHTC), East
Carolina University, Greenville, NC
- Curricula included: Reproductive Health and Safety Education (RHSE), safeTALK, ASIST, Making Proud Choices (MPC), Reducing the Risk (RTR), Puberty, Growth, and Development, Darkness to Light
 - Grant funding included: Title V, PREP, REACH, and HIV Prevention
 - Planned and managed 30+ sexual and mental health professional development workshops for 8 NC school districts. Assisted with the implementation and evaluation of the College Project, a 5-lesson sexual health curriculum, including training GAs, organizing & distributing materials, and aiding in manuscript development. Created social media content for a social marketing campaign aiming to increase STI testing for college students.
- August 2018-
May 2020 **Graduate Teaching Instructor, Personal Health**
Department of Health and Human Performance
East Carolina University, Greenville, NC

Relevant Public Health Experience

- May 2022-
July 2022 **School Health Index (SHI) Auditor**
Contract Position
North Carolina School Health Training Center, Greenville, NC
Scheduled and led 10+ meetings with NC school district contacts to discuss the SHI profiles of schools in their county. Provided instructions for the

creation of new profiles and modification of their current profile. Monitored progress and provided technical assistance to district contacts.

May 2021-
July 2021

NC Health Education Curricula Review Focus Group Coordinator
North Carolina School Health Training Center, Greenville, NC

Planned, moderated, and summarized responses from 10 focus groups for NC health education teachers to provide feedback on the revision of the NC Health Education curriculum

May 2019-
July 2019

Intern

Teen Pregnancy Prevention Initiatives
NC Department of Health and Human Services, Raleigh, NC

- Recommended modifications to Be Proud! Be Responsible! Be Protective! (B3) curriculum to help Adolescent Parenting Program facilitators reach their intended target population.
- Reviewed Office of Adolescent Health assessments on LGBTQ Inclusivity, Positive Youth Development, and Trauma-Informed Approach and made recommendations for improvement to REACH agency coordinators.

TEACHING EXPERIENCE

Semester/ Year	# of Semesters	Course #	Course Title	Class Size	Format
Texas A&M University					
Fall 2024	1	PHLT 485/HBEH 685	Advocacy in Public Health	14	F; G; FT
Spring 2024	1	PHLT 485/685	Directed Study: Australia Field Trip	30	H: UG; G
Fall 2023 Spring 2024 Fall 2024**	3	HLTH 353	Drugs and Society*	27-75	F; UG
Fall 2023	1	HLTH 210	Introduction to the Discipline	70	F; UG
Fall 2023 Spring 2024 Summer 2024 Fall 2024**	4	HLTH 342	Human Sexuality*	50	F;O; UG
Revised 8/2024		Curriculum Vitae			3

The University of Alabama

Fall 2022 Spring 2023 Summer 2023	3	HHE 588	Sex Ed Theory and Practice	16	O; GA
Fall 2021 Spring 2022	2	NEW 140	Sexuality and Society*	65-75	F; UG
Fall 2021 Spring 2022 Summer 2022	3	HHE 273	Introduction to Public Health	34-66	F: O: UG
Summer 2021	1	HHE 370	Principles and Foundations of Health Promotion	30	O; UG
Spring 2021	1	HHE 440	Introduction to Stress Management	50	H; UG

East Carolina University

Spring 2019 Fall 2020 Spring 2020	3	HLTH 1000	Personal Health	60-70	F, H, UG
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GA=graduate; UG=undergraduate O=Online F= Face-to-Face H=Hybrid FT=Field Trip
 *Management of an undergraduate teaching assistant **Management of a graduate teaching assistant

COURSE DEVELOPMENT & REVISION

2023	NEW 140: Sexuality & Society (UA)
2023	HHE 588: Sex Ed Theory & Practice (UA)
2024	HLTH 485/HBEH 685: Public Health Advocacy (TAMU)
2024	HLTH 342: Human Sexuality (TAMU)

HIGH IMPACT TEACHING PRACTICES

International

May 2025 Athens, Ikaria, Delphi, & Epidaurus, Greece

- Courses: HLTH 485/685 Independent Study
- Responsible for supervising 30 undergraduate and graduate students.
- Coordinate cultural immersion activities and educational excursions.
- Explore Greece' health care and education systems.
- Attended lectures at the American College of Greece (DEREE)
- Investigated the health care system and rehabilitation center
- Facilitated discussions on the relationship between culture, environment, and health.

May 2024 Sydney; Cairns, Australia

- Courses: HLTH 485/685 Independent Study
- Responsible for supervising 27 undergraduate and 3 graduate students.
- Coordinate cultural immersion activities and educational excursions.
- Explore Australia’s health care and education systems.
- Attended lectures at the University of Technology
- Facilitated discussions on the relationship between culture, environment, and health.

National

Fall 2024 2024 SOPHE Advocacy Summit; Washington, D.C., US

- Courses: PHLT 485/HBEH 685: Advocacy in Public Health
- Guided 20 students through the advocacy process and legislative meetings on Capitol Hill.
- Present “Empowering Tomorrow’s Advocates” presentation at the Summit

STUDENT MENTORSHIP

Role	Student(s)	Project Scope	Term
Graduate Mentor	Yasmin Hammami	Provided guidance surrounding advising, internships and careers.	Spring 2024
Sexuality Research Group	Zaid Torres, Bailey Sarvosky, Rylee Halford, Eric Augsten, Kaitlyn Younger	Served as project lead for a project evaluating access to emergency contraception in TX	Spring 2024
HLTH 485: Directed Studies Supervisor	Rylie Rundell	Pedagogy in health education/ human sexuality	Spring 2024, Summer 2024
HLTH 353: Honors Project Supervisor	Abby McComb	Literature review of opioid misuse of pregnant mothers	Fall 2023
HHE 480: Culminating Experience Site Host	Lauren Zollicoffer, Tara Hawkins	Impact of COVID on college students’ sexual health	Spring 2021

SERVICE

Professional Service

- May 2024-Present Ad Hoc Reviewer, *Perspectives on Sexual and Reproductive Health*
- May 2024-Present Advisory Board Member, Waco Area Health Education Center (AHEC)

December 2023 Adolescent Parenting Program (AP2) RFP Reviewer, North Carolina Department of Health and Human Services, Teen Pregnancy Prevention Services (TPPI)

November 2023 HEAL 380/580 (Health Disparities) Project Judge, Rice University

November 2023- Present Section Councilor, Sexual and Reproductive Health Section, APHA

April 2023 Abstract Reviewer, APHA Annual Meeting Student Assembly Submissions

November 2022- November 2023 Student Liaison, Sexual and Reproductive Health Section, APHA

November 2022 Student Ambassador, Society for the Scientific Study of Sexuality Annual Conference

July 2022 Ad Hoc Reviewer, *American Journal of Sexuality Education*

March 2022 Judge, SOPHE Student Edu-Thon

October 2021 Student Assembly Poster Session Moderator, APHA Annual Conference

August 2021 Abstract Reviewer, SOPHE Annual Meeting

April 2021 Abstract Reviewer, APHA Annual Meeting Student Submissions

University Service

March 2024 Faculty Judge, Student Research Week, Texas A&M University

April 2023 Abstract Reviewer & Judge, Undergraduate Research and Creative Activities Symposium (URCA)

April 2022 Abstract Reviewer & Judge, URCA

March 2021 Abstract Reviewer & Judge, URCA

August 2019- May 2020 Health 1000 Executive Board Committee (East Carolina University)

HONORS AND AWARDS

Date	Name of Honor or Award	Amount
Teaching Awards		
May 2020	Inaugural Debra Tavasso Most Outstanding Graduate Assistant Teaching Assistant Award, East Carolina University	----
Service Awards		
March 2022	Outstanding Service by a Graduate Student Award, UA College of Human Environmental Sciences	----
February 2022	Outstanding Service by a Graduate Student Award Nominee, UA	----

Research Awards

November 2023	Best Student Poster Award, APHA Sexual and Reproductive Health Section	\$100
September 2022	Student Outstanding Work Award Session Candidate APHA Alcohol, Tobacco, and Other Drug Poster Session	---
June 2021	Student Presentation Award, APHA PHEHP Section	\$200
April 2021	1st Place Winner, Society of Public Health Educators (SOPHE) Student Edu-Thon	\$150

Organizational Awards

February 2018	<u>Robert H Wright Award Recipient, ECU Alumni Association</u> The most prestigious award given to an undergraduate student at ECU, this award recognizes academic achievement, service (both to the university and the community), and leadership qualities (both potential and exhibited) of graduating seniors	---
August 2016- May 2017	Golden Alumni Scholarship Recipient, ECU Alumni Association	\$5,000

Travel Awards

September 2024	PHLEx Award, Office of Academic Affairs, Texas A&M	\$750
September 2022	Travel Award, UA Graduate Student Association (GSA)	\$1000
October 2021	Travel Award, UA GSA	\$1000
April 2021	Student Travel Award, American College Health Foundation	\$200

Academic Awards

April 2018	Walter and Marie Williams “Spirit of the East” Post-Eligibility Scholarship Recipient <ul style="list-style-type: none">Awarded to the one student-athlete who demonstrates outstanding commitment to the 'spirit' at ECU	
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Other Awards

February 2023	Outstanding Ph.D. Student Award Nominee	----
August 2017	ECU Student-Athlete Scholarship, ECU Athletics	\$16,000

FUNDING

Funding Earned

May 2024	Texas A&M Health Science Center Teaching Excellence Grant (Co-PI)	\$10,046
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January 2024	Project scope: Support myself, another faculty member and up to 20 students to attend the SOPHE Advocacy Summit in Washington, D.C- October 2024	\$5000
	Inter-Department Collaboration Project: Prepare Me as a Health Professional (HLTH 342) (Co-PI)	
April 2023	Project scope: Support five faculty members, and 3 students to the Healthy Futures of Texas Conference in Austin, TX	\$600
	Research funding, Graduate Student Association	
Funding Applied For		
May 2024	Texas A&M Health Science Center Teaching Grant	\$10,000
	Project scope: Environmental audit of Opill in Brazos County, TX (Co-PI) (<i>denied</i>)	

RESEARCH

Interests: Sexual and reproductive health, sexuality education curricula development and effectiveness, college health, sexual health service utilization, mixed methods research, sexual health interventions, student-athlete health

Publications

Peer Review Publications

1. **Williams, M.** (2023). An examination of previous sexual health service-seeking behaviors and intentions among a sample of college students attending a large public Southeastern University (Order No. 30529905). Available from ProQuest Dissertations & Theses Global. (2864444204).
2. Marcantonio, T. L., Jozkowski, K. N., & **Williams, M.** (2023). How do college students perceive their sexual partner responds to them when they refuse sexual activity? *Violence Against Women. Advanced online print.* doi: [10.1177/1077801224123299](https://doi.org/10.1177/1077801224123299)
3. Vail-Smith, K. Chaney, E & **Williams, M.** (2022). Difference in important components of sexual satisfaction as identified and experienced by undergraduate males and females. *American Journal of Sexuality Education.* DOI: 10.1080/15546128.2022.2124211

Manuscripts In-Preparation

- **Williams, M.,** Wilkerson, A., Chaney, E. & Marcantonio, T. Interventions to reduce STIs in the college population: A systematic review.
- **Williams, M.,** Nickelson, J., Naher, S. & Abutalib, N. The effectiveness of The University of Alabama’s smoke-free campus policy.
- **Williams, M.,** Marcantonio, T. & Jozkowski, K.N. What are Canadian and US young adults learning about refusals? A qualitative analysis.

Presentations

Conference Oral Presentations

Revised 8/2024

Curriculum Vitae

8

1. **Williams, M.** & McNeill, E.B. (October 2024). Empowering Tomorrow's Advocates. An oral presentation for The Society of Public Health Education Advocacy Summit, Washington, D.C..
2. **Williams, M.** & Rundell, R. (May 2024). Roundtable presentations - Not just for professional conferences. Presented at the Transformational Teaching and Learning Conference, College Station, TX.
3. **Williams, M.** McNeill, B., Fehr, S., Rhonda, R., Dorsett, L., Rundell, R., Arnold, M. Torres, Z., & Esquivel, C. (May 2024). Prepare me as a health professional: lessons learned from a college-level human sexuality course. Presented at the Healthy Futures of Texas Annual Symposium. Austin, TX.
4. **Williams, M.**, Marcantonio, T. & Jozkowski, K. (November 2022). What are Canadian and US young adults learning about refusals? A qualitative analysis. Presented at the Society for the Scientific Study of Sexuality Annual Conference, Vancouver, BC.
5. **Williams, M.**, Wilkerson, A., Chaney, E. (October 2021). Interventions to reduce STIs in the college population: A systematic review. Presented during the Student Awards Section at the American Public Health Association Annual Conference, Denver, CO.

Research Oral Competitions

1. **Williams, M.** (October 25, 2022). *What are Canadian and US young adults learning about refusals? A qualitative analysis.* Presented at the 3 Minute Thesis Competition (3MT) at The University of Alabama.

Conference Poster Presentations

1. McComb, A. & **Williams, M.** (March 21, 2024). This or that: Methadone or Buprenorphine as a more effective treatment for opioid use disorders among pregnant women. Poster presented at Student Research Week, College Station, TX.
2. Vail-Smith, K., Chaney, E., **Williams, M.** (November 12, 2023). What emerging adults identify as important components of sexual satisfaction and why public health educators need to know. Poster presented at the Sexual and Reproductive Health Section at the American Public Health Annual Conference, Atlanta, GA.
3. **Williams, M.**, Chaney, E., Wilkerson, A.H., Marcantonio, T.M., Morales-Aleman, M., Man, K., (November 12, 2023). Exploring factors that impact college students' sexual health care services utilization in Alabama. Poster presented at the Sexual and Reproductive Health Section at the American Public Health Annual Conference, Atlanta, GA.
4. **Williams, M.**, Nickelson, J., Naher, S., & Abutalib, N. (November 6, 2022). Student evaluations of the smoke-free campus policy at the University of Alabama. Poster presented at Student Outstanding Work Award Session within the American Public Health Association Alcohol, Tobacco and Other Drug Session, Annual Conference, Boston, MA.
5. Naher, S., Nickelson, J, **Williams, M.** & Abutalib, N. (November 2022). Association between perceived severity of respiratory/COVID-19 illness and change in cigarette and e-cigarette use among college students. Poster presented at the American Public Health Association Annual Conference, Boston, MA.
6. **Williams, M.**, Wilkerson, A. & Chaney, E. (April 2021). Interventions to reduce STIs in the college population: a systematic review. Presented at the Southeastern Universities Graduate Research Symposium, Virtual.

Other Research Presentations

1. Torres, Z., Sarvosky, B., Halford, R., Younger, K., Augsten, E., & **Williams, M.** (April 27, 2024). Analysis of repro kits in Bryan/ College Station. Presented at the Jane’s Due Process Quarter 2 Board Meeting.

Invited Guest Lectures and Presentations

1. **Williams, M.**, Morris, T., Srikanth, M., Ihenacho, N. & Rodriguez, G. (April 2024). *Reproductive Justice Panel*. Texas Rising TAMU.
2. **Williams, M.** (November 2023). *Education and Research Overview*. Rice Poverty and Global Health Coalition.
3. **Williams, M.** (January 2023). *Sex Education You’ve Never Had*. The University of Alabama, Sexuality and Society (NEW 140).
4. **Williams, M.** (November 2022). *Sexual Health Resources at UA and Surrounding Area*. The University of Alabama, Human Sexuality Sex Education (HD 475).
5. **Williams, M.** (September 2022). *Comprehensive Sex Education and Positive Sexuality*. The University of Alabama, Sexuality and Society (NEW 140).
6. **Williams, M.** (April 2022). *Sexual Health Resources at UA and Surrounding Area*. The University of Alabama, Human Sexuality Sex Education (HD 475).
7. **Williams, M** & Lockhart, J. (April 2022). *Social Determinants of Health*. The University of Alabama Community and Medicine organization meeting.
8. **Williams, M.** (May 2021). *Red Light, Green Light: A discussion about unhealthy and healthy relationships, consent, and communication*. Alabama Campaign for Adolescent Sexual Health Sex Ed for All Month Presentation.
9. **Williams, M.** (February 2021). *Sexual health information and campus resources for college students*. The University of Alabama, Stress Management (HHE 440).
10. **Williams, M.**, McFadden, N., Lockhart, J. (December 2021). *An Overview of Communication Strategies to Increase COVID-19 Vaccinations*. The University of Alabama at Birmingham Sigma Xi seminar series.
11. **Williams, M.**, McFadden, N., Lockhart, J. (August 2021). *An Overview of Communication Strategies to Increase COVID-19 Vaccinations*. SOPHE Presentation.
12. **Williams, M.** (August 2021). *Prioritizing Mental Health as a College Student*. The University of Alabama, Alpha Gamma Delta Sorority chapter meeting.
13. Moser, A. & **Williams, M.** (October 2018). *Consent, Healthy Relationships, and Communication*. Edgecombe County Public Schools Amplify Day, Edgecombe Co., NC

Research Skills

- Quantitative: SPSS, NVivo
- Qualitative: interviewing & focus group coordination and moderating, codebook creation

PROFESSIONAL DEVELOPMENT

Teaching Related Professional Development

August 2023- April 2024	Effective Teaching Practices (year-long course) Association of College and University Educators (ACUE)
December 2022	Foster a Culture of Belonging, Campus-wide Association of College and University Educators (ACUE)

- October 2022 **Teaching Statements and Teaching Portfolio Workshop**
University of Alabama Graduate School
- July 2018 **High Quality Facilitation**
Wyman Institute
- May 2018 **ETR Masterful Facilitation: Best Practices for Adult Learners**

Diversity, Equity, and Inclusion Related Professional Development

- December 2021 **Safe Zone Training**
UA Office of Diversity, Equity, and Inclusion

Curricula Training

- January 2024 **Our Whole Lives**
- December 2019 **safeTALK**
NC School Health Training Center
- July 2018 **Reproductive Health and Safety Education**
North Carolina School Health Training Center

Sexuality Related Professional Development

- August 2024 **Green Dot Bystander Intervention Training**
Texas A&M Student Life
- July 2024 **Reproductive Identity Formation Training- Sex Education Initiative**
Columbia University Teachers College
- April 2024 **Strengthening Women’s Health Access: Medicaid and Family Planning**
NICHM Foundation
- November 2022 **Foundations and Strategies for Trauma Informed Sex Ed**
Healthy Teen Network
- November 2022 **Providing Culturally Responsible Reproductive Healthcare**
Association of State and Territorial Health Organizations
- September 2022 **Health Equity Jam Session- Love Liberation and Reproductive Health**
Johns Hopkins Center for Health Equity

- February 2021 **Future of Sexuality Education Research Convening**
SIECUS
- November 2018 **Personal Responsibility Education Program (PREP) Grant Review**
NC Department of Health and Human Services

Other Professional Development

- December 2022 **Naloxone Training**
Jefferson County Department of Health
- April 2021 **Student Professional Development Session**
Eta Sigma Gamma Annual Meeting
- August 2018-May
May 2020 **Eastern Area Health Education Center (AHEC) Scholar**
 - Interdisciplinary program for allied health science students that included 40 hours of didactic and clinical hours per year as part of an interprofessional development program that includes topics like behavioral health integration, social determinants of health, cultural competency, practice transformation and current and emerging health issues
 - Clinical experience locations: 3HC Home Health & Hospice, Pitt County EMS, Vidant Medical Food Pantry

Professional Conferences Attended

Date	Conference Name	Location
May 2024	Healthy Futures of Texas Annual Symposium	Austin, TX
December 2023	National Sex Education Conference	Atlantic City, NJ
November 2022	Society for the Scientific Study of Sexuality Annual Meeting	Vancouver, BC
October 2021	APHA Annual Conference	Denver, CO
June 2021	American College Health Association Annual Meeting	Virtual
April 2021	SOPHE Annual Conference	Virtual

Professional Affiliations and Leadership Positions

Name of Organization	Date
Revised 8/2024	Curriculum Vitae

Society for the Scientific Study of Sexuality	June 2022- Present
Society of Public Health Educators	October 2021-Present
Eta Sigma Gamma Delta Xi Chapter	
• Secretary and Research Committee co-chair	April 2021-August 2023
American College Health Association	August 2021-July 2022
American Public Health Association	March 2021- Present
• SRH Student Liaison	January 2021-Present
Delta Omega Honorary Society	November 2022-Present
NC Society of Public Health Educators	April 2020- Present
NC Public Health Association	April 2020-August 2021
	April 2020-August 2021

MEDIA CONTRIBUTIONS AND APPEARANCES

Reproductive Healthcare in Texas. (April 2024). The Battalion.

““ (March 2024). Podcast guest for “We Do the Heavy Lifting” Podcast hosted by the Huffines Institute.

“Left in the dark:” The impacts of heteronormative sex education on LGBTQ+ students and their health. (December 2023). Interview for American University student, Ella Rousseau.

<https://medium.com/@ella.rousseau8/left-in-the-dark-the-impacts-of-heteronormative-sex-education-on-lgbtq-students-and-their-324c7a91af43>

Department of Health Science Applauds Prize-Winning Students. (April 2022). UA College of Health and Human Environmental Sciences Newsletter.

<http://www.ches.ua.edu/news/department-of-health-science-applauds-prize-winning-students>

Get tested: sexual health doesn’t have to be scary. (March 2022). Interview for the Crimson White Newspaper. <https://thecrimsonwhite.com/96192/culture/get-tested-sexual-health-doesnt-have-to-be-scary/>

Flu Shot Campaign. (September 2021). Collaboration with the Department of Community Health Sciences and the School of Nursing at The University of Alabama. Available at <https://vimeo.com/610922435>

Campus Connect - ECU Senior Megan Williams Earns Scholarship in Final Season. (November 2017). The American Conference.

<https://theamerican.org/news/2017/11/20/womens-volleyball-campus-connect-ecu-senior-megan-williams-earns-scholarship-in-final-season.aspx>

ADDITIONAL INFORMATION & INTERESTS

- Founder, Young Professionals of Sexual and Reproductive Health (YPSRH). <https://www.facebook.com/groups/sypsrh>

- Organization with 500+ members that aims to connect students and early career professionals interested in sexual and/or reproductive health
- Host of the YPSRH Speaker Series which includes various professionals in SRH to share their current job and educational journey within SRH
- Manage and Coordinate 5 interns
- High school and AAU volleyball coach (ages 8-18)
- High school, travel, and NCAA volleyball referee
- Foster, Adopt a Golden Birmingham & Humane Society of Eastern Carolina