

# SELINA STASI, DrPH, MPH

TEXAS A&M UNIVERSITY

(979) 436-9509

selinastasi@tamu.edu

Instructional Assistant Professor

Health Promotion and Community Health Sciences

School of Public Health, Texas A&M University

## EDUCATION

<b>Texas A&amp;M University</b> (College Station, TX)	DrPH	2018
<i>Dissertation title:</i> "Access to Physical Activity in Low-Income and Ethnic Minority Communities"		
<i>Committee:</i> Jay Maddock, Lisako McKyer, Heather Clark, John Spengler (chair)		
<b>University of Hawaii</b> (Manoa, HI)	Non-degree seeking	2015
<b>University of Miami</b> (Miami, FL)	MPH	2014
<b>University of California, Los Angeles</b> (LA, CA)	B.A. Sociology & Asian American Studies	2012

## WORK EXPERIENCE

### Academic Experience

**Texas A&M University, Instructional Assistant Professor** (August 2018 - present)

- Teach graduate and undergraduate courses
- Contribute to the service and teaching activities focusing on advancing the school's graduate and undergraduate curricula in the Department of Health Promotion and Community Health Sciences
- Participate in scholarly activities and service both internal and external to the university
- Mentored students enrolled in the MPH practicum experience
- Advised students enrolled in the MPH program
- Coordinated practicums for students enrolled in the MPH program

**Texas A&M University, Graduate Research Assistant: Dr. Spengler** (June 2016 – May 2018)

- Provided support and served as a teaching assistant for department level courses
- Served as an independent researcher for the Department of Health Promotion and Community Health Sciences, and served as a mentor for a Master's and two Bachelor's team members.
- Created and conducted a survey on shared use and access to physical activity, and shared results with community members and community partners

**Texas A&M University, Graduate Research Assistant: Dr. Sharkey** (Aug 2015 – May 2016)

- Served as an independent researcher for the Program for Research and Outreach-Engagement on Nutrition and Health Disparities Solutions, and serve as a mentor for Master's and Bachelor's team members.
- Participated in children focus groups and conducted follow up in depth interviews on physical activity

**University of Hawaii-Manoa, Graduate Research Assistant: Dr. Maddock** (Aug 2014 – Aug 2015)

- Assisted in evaluations for the Healthy Hawaii Initiative Evaluation Team and state level departments
- Performed literature reviews for the creation of valid and reliable evaluation measures
- Assisted in the data collection, analysis, and report writing for evaluation studies

**University of Miami, Graduate Research Assistant: Dr. Stoutenberg** (Sept 2012 – Mar 2014)

- Prescreened, recruited, and ran baseline assessments for a DVD based breast cancer survivor strength training intervention program using physician-based referrals
- Conducted and analyzed physical activity assessments, including accelerometer
- Designed, implemented, and evaluated a community-based active living and healthy eating program using physician and faith-based participant recruitment

### Non-Academic Experience

**World Fit Challenge, Texas A&M World Fit Coordinator** (Dec 2015 – Present)

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- Facilitated a 6 week fitness challenge at the School of Public Health, TAMU which included a kickoff event with guest Olympians and Corps of Cadets Commandant and weekly walks
- Engaged with local school district and helped secure two local high schools to participate

## **American College of Sports Medicine, *Exercise is Medicine (EIM) Global Intern*** (May 2013 – Sept 2013)

- Provided administrative support for the EIM Program Officers
- Served as a liaison to Regional Centers assisting them complete their annual progress reports and establish new goals for upcoming year
- Assisted EIM Program Officers with the expansion of the EIM initiative to new countries
- Assisted in the creation of a Manual of Operations for developing contact with new countries

## **FOGO Wellness Program, *Team Leader*** (Sept 2012 – May 2013)

- Facilitated a small group in their adherence to a 16-week lifestyle modification program focusing on healthy eating and exercise
- Gathered data on existing nutrition and physical activity assessments for implementation into the program
- Recruited physicians, churches, and local media sources for the promotion of the program
- Assisted program director in participant recruitment, retention, data input and analysis, and organizing weekly program activities

## **Fitness Improvement Training Through Exercise and Diet, *Founder and Director*** (May 2010 – June 2012)

- Founded a multi-departmental initiative at UCLA to decrease health disparities for undergraduate students
- Created and managed the 9-week lifestyle modification program for 60 people at one time, including the group exercise sessions, nutrition classes led by a registered Dietician, and community led workshops
- Developed a collaborative funding model with other UCLA departments and Student Affairs to train staff as certified Personal Trainers through the National Strength and Conditioning Association (NSCA)
- Created and implemented a comprehensive staff training curriculum that focused on social, cultural, political, and public health concepts to create healthy role models for behavior change at UCLA and the community abroad

## **Bruins Movin', *Program Founder*** (May 2010 – June 2012)

- Created an active living program for two Title 1 Elementary Schools in Los Angeles called Bruins Movin'
- Program allowed UCLA faculty and students to engage in community service work through the promotion of fitness in youth and adolescents
- Partnered with several UCLA departments, administrators, and the local elementary school administration in implementing and funding this program

## **Student Initiated Access Committee, *Vice Chairperson and Outreach Coordinator*** (July 2010 – July 2011)

- Served as a representative for Pacific Islanders on this University Funding Committee which allocated about one million dollars towards 7 access/outreach projects that serviced the greater Los Angeles
- Supervised a UCLA outreach project including hiring of a full-time staff member and several student staff
- Planned and organized an advisory board that consisted of a UCLA students and faculty, Pacific Islander community leaders, site contacts, parents and high school students
- Coordinated projects to enhance dialogue between community members and UCLA staff and students
- Drafted and submitted a proposal to fund and administer a UCLA accredited course focused on Service Work, Social Theory and Praxis
- Contributed to the planning and execution of trainings for a total of 12 full time PDs and 40 student PDs

## **PUBLICATIONS**

### *Journal Articles*

1. Spengler JO, Stasi S, O'Connor C, Frost N, Nunn B. Accessing Minnesota School District Administrators' Knowledge and Perceptions Related to Sharing School Play Spaces After the Passage of Minnesota Shared Use Legislation. *Journal of Healthy Eating and Active Living*. 2020

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2. **Stasi S**, Spengler JO, Maddock J, McKyer L, Clark H. Using Community-Based Methods to Create a Geospatial Asset Map of Physical Activity Spaces in Pasadena, Tx. *Translational Behavioral Medicine*. 2019
3. **Stasi S**, Spengler JO, Maddock J, McKyer L, Clark H. Shared-use decisions among administrators of physical activity facilities in Pasadena, TX. *Health Promotion Practice*. 2019
4. **Stasi S**, Spengler JO, Maddock J, McKyer L, Clark H. Increasing Access to Physical Activity within Low Income and Diverse Communities: A Systematic Review. *American Journal of Health Promotion*. 2019 Mar 13:0890117119832257. **\*Article of the year\***
5. **Stasi S**, Bridges C, McClendon M, Umstaddt Meyer M, Gómez L, Sharkey J. ¡Nosotros corremos, nosotros jugamos! [we run, we play!]: Children’s perceptions of physical activity in Mexican-origin border communities. *Journal of Public Health*. 2018:1-0.
6. Spengler JO, Smith A, Maddock J, **Stasi S**. Youth Sports and Physical Activity: Innovative Perspectives on the Role of Medical Professionals. *Journal of Public Health Management and Practice*. 2017.
7. Stoutenberg M, Falcon A, Arheart K, **Stasi S**, Portacio F, Stepanenko B, Lan M, Castruccio-Prince C, Nackenson J. Implementation of Lifestyle Modification Program Focusing on Physical Activity and Dietary Habits in a Large Group, Community-Based Setting. *Health Education & Behavior*. 2016.
8. Stoutenberg M, **Stasi S**, Stamatakis E, Danek D, Dufour T, Trilk J, Blair S. Physical activity training in US medical schools: Preparing future physicians to engage in primary prevention. *The Physician and Sportsmedicine*. 2015.

## Peer-Review

1. Manuscript Review, *Translational Behavioral Medicine*, August 2020
2. Review Board Member, *American Journal of Health Behavior*, 2019
3. Manuscript Review, *European Journal of Physiotherapy*, June 2019
4. Manuscript Review, *Translational Behavioral Medicine*, June 2019
5. Manuscript Review, *Public Health Reports*, June 2019
6. Manuscript Review, *Preventing Chronic Disease*, Oct 2018
7. Manuscript Review, *Journal of Public Health*, May 2018
8. Manuscript Review, *Journal of Health Care for the Poor and Underserved*, June 2017

## Posters

1. *The World Fit Walking Program: Engaging Olympians to Promote Physical Activity on a University Campus*. **Stasi S**, Spengler JO. Active Living Research (February 2018).
2. *Analysis and geospatial mapping of shared physical activity space within Pasadena, TX*. **Stasi S**, Spengler JO, Maddock J, Baber O. Active Living Research (February 2017).
3. *Review of Physician-Based Physical Activity Counseling in Primary Care*. **Stasi S**, Pirkle C, Braun K, Maddock J. American Academy of Health Behavior (March 2017).
4. *¡Nosotros corremos, nosotros jugamos! [We run, we play!]: Children’s Perceptions of Physical Activity in Mexican-heritage border Communities*. **Stasi S**, Sharkey J, Umstaddt Meyer R, Gomez L, McClendon M, Bridges C. American Academy of Health Behavior (February 2016).
5. *A Current Assessment of Physical Activity (PA) Training within Medical School*. **Stasi S**, Stoutenberg M, Stamatakis E, Danek D, Dufour T, Trilk J, Blair S. American College of Sports Medicine (May 2015).
6. *The Inclusion of Physical Activity Training in U.S. Medical Education*. Stoutenberg M, **Stasi S**, Stamatakis E, Danek D, Dufour T, Trilk J, Blair S. Society of Behavioral Medicine Annual Congress (April 2015).
7. *Use of a DVD-based exercise program among breast cancer survivors: A qualitative study*. Falcon A, **Stasi S**, & Stoutenberg M. Society of Behavioral Medicine Annual Congress (April 2014).
8. *FOGO Wellness: Promoting Physical Activity and Fruit and Vegetable Consumption Through a Community-Based Lifestyle Modification Program*. **Stasi S**, Falcon A, Stoutenberg M. Society of Behavioral Medicine Annual Congress (April 2014).
9. *Use of a DVD-based exercise program among breast cancer survivors: A qualitative study*. Falcon A, **Stasi S**, Stoutenberg M. Society of Behavioral Medicine Annual Congress (April 2014).

## Presentations

1. *¡Nosotros corremos, nosotros jugamos! [We run, we play!]: Children’s Perceptions of Physical Activity in Mexican-heritage border Communities*. **Stasi S**, Sharkey J, Umstaddt Meyer R, Gomez L, McClendon M, Bridges C. American Academy of Health Behavior (February 2016).

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2. *Assessment of Shared Physical Activity Space, Pasadena TX.* **Stasi S.** A Presentation at the Healthy Living Maters-Pasadena Meeting (December 2016).
3. *Voices of NPAC: 2014-2015 Evaluation Study.* **Stasi S,** Braden K, Choy L. A Presentation and Report for the Maui County Nutrition and Physical Activity Coalition (August 2015).
4. *FOGO Wellness: Promoting Physical Activity and Fruit and Vegetable Consumption Through a Community-Based Lifestyle Modification Program.* **Stasi S,** Falcon A, Stoutenberg M. A Presentation at the Society of Behavioral Medicine Annual Congress (April 2014).
5. *FOGO Wellness: Promoting Physical Activity and Fruit and Vegetable Consumption Through a Community-Based Lifestyle Modification Program.* **Stasi S,** Falcon A, Stoutenberg M. A Presentation at the Society of Behavioral Medicine Annual Congress (April 2014).
6. *Changing Physical Activity Behaviors Through the Integration of the Medical Health Care System and Local Communities.* Stoutenberg M, **Stasi S,** Falcon A. Panel Discussion at the Society of Behavioral Medicine Annual Congress (April 2014).

## PROFESSIONAL

### Certificates and Trainee Programs

1. HELLO2 Center for Teaching Excellence, 2018-2019
2. STAND UP certificate, 2019
3. Green Dot Trained, 2019
4. Geographic Information Science (GIS) Certificate Program, Texas A&M University, 2016-2017
5. Maternal and Child Health Trainee Program, Texas A&M University, School of Public Health, 2015
6. CrossFit Level 2 Trainer & Gymnastics Certificates 2017, with 6 years coaching experience 2013-2018
7. Certified Personal Trainer National Strength and Conditioning Association, 2011, 7 years experience 2010-2017

### Memberships

Center for Health and Nature, Faculty Fellow	2019-Present
Textbook & Academic Authors Association	2017-present
American Academy of Health Behavior	2016-present
American College of Sports Medicine	2013, 2015
Society of Behavioral Medicine	2014-2015

### Awards and Honors

1. Article of the year American Journal of Health Promotion 2019
2. Research Scholars Mentorship Program, American Academy of Health Behavior 2019
3. SPH Health and Wellness Faculty Spotlight 2018
4. Student Achievement Award, Department of Health Promotion and Community Health Sciences, School of Public Health, Texas A&M University 2018
5. Scholarship Award, School of Public Health, Texas A&M University, 2016-2017
6. Maternal and Child Health Trainee Program, Texas A&M University, School of Public Health, 2015
7. Springboard Grant Award, University of Miami, Department of Epidemiology, 2013
8. Crossfit Civil War Games Junior Varsity Champion, 2013
9. Conscious Effort in the Community Award Recipient, UCLA Community Programs Office, 2012
10. Awarded Senior of the Year, UCLA 2012, with a featured media article and video segment [http://www.youtube.com/watch?v=TWy\\_T2QtMZA](http://www.youtube.com/watch?v=TWy_T2QtMZA) to highlight accomplishments
11. Invited and attended Asian American and Pacific Islander Community Leader Briefing at The Department of the Treasury, followed by a Reception at the White House with President Obama as the keynote speaker, 2011
12. Janet E. Brown Memorial Award Recipient, UCLA Community Programs Office, 2011
13. Professional Inline Speed Skater for the Milpitas Speed Team from October 1995-August 2008
14. USA National Speed Skating Titles: 1998, 2004, 2005

## SERVICE

**Texas A&M University Nutrition Obesity Research Center (tNORC), Co-Invesitgator (May 2020-Present)**

- Responsible for making decisions about development and the tNORC prioritization processes

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- Health Outdoor Communities (HOC), *Evaluation Lead*** (June 2019-Present)
- Lead evaluator on a HOGG Foundation Communities of Care Grant
  - Coordinate the planning, implementation, and final evaluation of the HOC Community initiative
- SPH Health and Wellness Committee, *Faculty Representative*** (August 2017-Present)
- Lead on World Fit Walk engagement activities
  - Coordinated first year of the Stress Relief Week during finals with several community entities
  - Assisted in the redevelopment planning of SPH Greenspace including grant writing
- Active Living Conference, *Executive Program Committee*** (May 2019-Present)
- Served on the Public Health focus area for the 2019 conference
  - Assisted in the coordination of physical activities and networking events
- SPH Diversity Committee, *Faculty Representative*** (August 2018-May 2019)
- Coordinated STAND UP and GREEN Dot training for faculty and staff
  - Participated in meetings and events
  - Relayed information and policies to department
- Rose Academies, *Advisory Board Member*** (May 2013-Present)
- Reviewer for research materials including a presentation at Texas A&M for the Maternal and Child Health Seminar Series and a poster presentation at Baylor Scott & White for the IPER Summit
  - Serve as an advisor for the President for all internal affairs and development
- Native Hawaiian Youth Health and Fitness Day, *Health Coordinator*** (Nov 2010-June 2012)
- Collaborated with over 30 Pacific Islander community leaders and President Obama's White House Initiative on Asian Americans and Pacific Islanders (WHIAAPI) to organize a community health event for Pacific Islanders in California
  - Oversaw the logistics and all aspects of the 1,800-person event including the health fair, fitness stations, opening ceremonies, and volunteers, and facilities management
  - Outlined and planned the fitness portion which featured demonstrations of the different elements of exercise, including functional body movement, Instant Recess, football and rugby skills, HotHula, and a boot camp geared for Pacific Islanders
- Pacific Islander Education and Retention, *Peer Advisor*** (Sept 2008-June 2010)
- Provided academic and peer counseling to high school students at underserved schools in the greater Los Angeles area
  - Managed a caseload of Pacific Islander students and their parents at three high schools and tracked quantitative and qualitative objectives in all PIER Events, including field trips, fundraisers, and conferences
  - Attended and assisted in the planning of advisory board meetings, staff, project, and community trainings
  - Outreached for and recruited volunteers and high school students to participate in program
- Pacific Islands' Student Association, *Vice Chairwoman and Member*** (Sept 2008-June 2012)
- Planned, organized, and collaborated with multiple student organizations to put on an annual 2-day Yield Event for over 1,000 underrepresented newly admitted students to UCLA
  - Served as the main contact for linking community leaders in Los Angeles area and students at multiple higher education institutions
  - Drafted and submitted funding proposals and attended hearings for fund allocations
  - Organized Islanders Maintaining Unity and Access (IMUA), a 200-person higher education conference for high school students