
Qian Ji
Ph.D., CHES®
Curriculum Vita
Fall, 2023

Dept. of Health Behavior
School of Public Health
Texas A&M University
TAMU 1266 (SPH-A 316)
College Station TX 77843-1266
Email: qian@tamu.edu

EDUCATION

- 2021 Ph. D. *Health Education*
Department of Health and Kinesiology
Texas A&M University
College Station, Texas
- Dissertation Title: Expressive Writing as a Strategy to Reduce Academic Stress and Enhance Writing Productivity among a Sample of Graduate Students*
- 2007 M.S. *Health Education*
Department of Health and Kinesiology
Texas A&M University
College Station, Texas
- 2004 B.S. *Natural Resource Management*
Department of Recreation, Park & Tourism Sciences
Texas A&M University
College Station, Texas

PROFESSIONAL EXPERIENCE

- 2023 – present Clinical Assistant Professor
- Texas A&M University*
Dept. of Health Behavior
- 2023 – present POWER (Promote Outstanding Writing Excellency Research) Co-director
- Texas A&M University*
POWER. Services
- 2021 – 2023 Visiting Lecture
- Texas A&M University*
Dept. of Health Behavior

2018 – now	POWER (Promote Outstanding Writing Excellency Research) Assistant POWER Postdoc POWER Graduate Assistant	<i>Texas A&M University POWER. Services</i>
2016-2020	Instructor	<i>Texas A&M University Dept. of Health & Kinesiology</i>
2013-2016	Graduate Teaching Assistant	<i>Texas A&M University Dept. of Health & Kinesiology</i>
2007 - 2013	Writer and translator	<i>Self-employed and work at home</i>
2006 – 2007	Graduate Research Assistant	<i>Texas A&M University Dept. of Health & Kinesiology</i>
2005-2006	Student Technician	<i>Texas A&M University Dept. of Health & Kinesiology Office of Health Informatic</i>
Summer, 2003	Research Assistant	<i>Texas A&M University Dept. of Recreation, park, & Tourism Sciences</i>

TEACHING EXPERIENCE

2023 – present	HLTH 236 Introduction of Health Disparity & Culture Diversity	
Clinical Assistant	HLTH 335 Human Diseases	
Professor	HLTH 403 Consumer Health	
	HLTH 410 Worksite Health Promotion	
	Basic POWER Writing Studio	<i>School of Public Health Dept. of Health behavior Dept. of Health & Kinesiology Texas A&M University</i>
2021 – 2023	HLTH 236 Introduction of Health Disparity & Culture Diversity	
Visiting Lecturer	HLTH 403 Consumer Health	
	HLTH 410 Worksite Health Promotion	

HLTH 481 Seminar in Allied Health

Basic POWER Writing Studio

*School of Public Health
Dept. of Health behavior
Dept. of Health & Kinesiology
Texas A&M University*

2016 – 2020

Instructor

HLTH 334 Women's Health (Online courses)

*Texas A&M University
Dept. of Health & Kinesiology*

2018 – 2019

Instructor

POWER Basic Writing Studio

*Texas A&M University
POWER. Services*

2013-2016

Graduate Teaching
Assistant

HLTH 223 Health Lifestyles,

HLTH 331 Community Health,

HLTH 353 Drugs and Society,

HLTH 481 Allied Health, and

HLTH 482 Grant Writing in Health.

*Texas A&M University
Dept. of Health & Kinesiology*

AREAS OF TEACHING INTEREST

Courses from HLTH

HLTH 236 Intro to Health Disparities & Diversity*

HLTH 331 Community Health*

HLTH 334 Women Health*

HLTH 403 Consumer Health*

HLTH 407 Global Health

HLTH 410 Worksite Health Promotion*

HLTH 429 Environmental Health

HLTH 482 Grant Writing in Health*

HLTH 491 Research

Courses from PHLT

PHLT 270 Broad Street Learning Community
 PHLT 311 Narrative Approach to Public Health
 PHLT 313 Health Care and Public Health System
 PHLT 330 The Environment and Public Health
 PHLT 410 Public Health Communication
 PHLT 415 Emergency Management in Public Health
 PHLT 434 Project Cost Benefit and Economics
 PHLT 470 Global Public Health Systems and Practice Experiences
 PHLT 491 Research

*The courses with a * mean the courses I have been taught.*

ACADEMIC AWARDS

Presentation Award Outstanding Oral Presentation Award — 2018
3rd International Conference on Health, Medicine, and Life Sciences
Xi'An, China

Outstanding Oral Presentation Award — 2017
2nd International Conference on Health, Medicine, and Life Sciences
Hangzhou, China

Research Award National Student Award for the APHA Genomics Forum —2014
American Public Health Association
New Orleans, LA

GRANT & SCHOLARSHIPS

Peer Collaborate Grant HLKN Department — 2022
\$500
Dept. of Health and Kinesiology
Texas A&M University

Travel Award HLKN Department Travel Award —2019, 2018, 2017, 2016, 2015, and 2014
\$500/year
Dept. of Health and Kinesiology
Texas A&M University

CEHD College Travel Scholarship — 2019, 2018, 2017, 2016, 2015, and 2014
\$500/year
College of Education and Human Development
Texas A&M University

Research Award CEHD College Research Scholarship — 2019, 2018, 2017, 2016, 2015, and 2014
\$500/year
College of Education and Human Development
Texas A&M University

Strategic Scholarship CEHD College Strategic Scholarship — 2013

\$2000
College of Education and Human Development
Texas A&M University

Academic Excellence
Scholarship

HLKN Department Graduate Academic Excellence Scholarship — 2005

\$2000
Dept. of Health and Kinesiology
Texas A&M University

PUBLICATIONS

PEER-REVIEWED JOURNAL ARTICLES

1. Goodson, P., Huerta, M., Ji, Q. (2021, in review). Developing Graduate Students as Academic Writers: A Brief Intervention to Strengthen Self-Efficacy and Reduce Writing Anxiety. **Journal of Writing Research**.
2. Chen, L.S., Ji, Q., Zhao, S., Zhao, M. (2016) Family Health History and Mate Selection: A Qualitative Study of Chinese Americans' Views. **Global Journal of Anthropology Research**, 3:35-40. DOI: <http://dx.doi.org/10.15379/2410-2806.2016.03.02.03>
3. Barry A., Szucs L., Reyes J., Ji, Q., Willson K., Thompson B., (2016). Failure to report effect sizes: the handling of quantitative results in published health education and behavior research. **Health Education & Behavior**. Vol. 43(5) 518-527 DOI: <https://doi.org/10.1177/1090198116669521>
4. Chen X.W., Talwar D., Ji, Q. (2015). Social network and social support among elderly Asian immigrants in the United States: a systematic literature review. **Global Journal of Anthropology Research**, 2(2):15-21. DOI: 10.15379/2410-2806.2015.02.02.03

PRESENTATIONS & INVITED WORKSHOPS

ORAL PRESENTATIONS

1. Ji, Q. (2023). *The relationship between Expressive Writing Intervention and Worksite Health Promotion Program: A Systematic Literature Review*. 2023 American Public Health Association Meeting and Exposition. Atlanta. Nov. 12-15, 2023.
2. Ji, Q. (2022). *The Effect of Expressive Writing Intervention on Stress Management: An Umbrella Review*. 2022 American Public Health Association Meeting and Exposition. Boston. Nov. 6-9, 2022.
3. Rahn, R. N. & Ji, Q. (2022). *Examining the relationship between writing and emotional intelligence*. Texas Conference on Student Success. College Station, Texas. Oct. 19-21, 2022

4. Ji, Q. (2018). *The Relationship between Expressive Writing and Health Outcomes; A Meta-analysis*. 3rd International Conference on Health, Medicine, and Life Sciences. Xi'An, China. December 2018.
5. Ji, Q. (2017). *The Relationship between Expressive Writing and Health Outcomes; A Focus Group Qualitative Study* 3rd International Conference on Health, Medicine, and Life Sciences. Hangzhou, China. December 2017
6. Goodson, P., Ji, Q., Valdez, D. (2017). *Transcend disciplines, distances, and decades? There's a strategy for that!* 60th Annual Meeting of the Society for the Scientific Study of Sexuality. Atlanta, GA November 2017.
7. Ji, Q., Goodson, P. (2016). *Expressive writing to reduce stress among college students*. 2016 American Public Health Association Meeting and Exposition. Denver, CO. Oct. 29-Nov. 2, 2016.
8. Ji, Q., Szucs, L. (2016). *Editing efficiently in academic writing for ESL academic writers*. 29th Annual Textbook & Academic Authoring Conference. San Antonio, TX. June 2016.
9. Goodson, P., Chlup, D., Huerta, M., Travis, J., Hodges, T., Wright, K., Walichowski, M., Ji, Q. (2015). *A POWER-ful model to establish and sustain academic writers' productivity*. 28th Annual Textbook & Academic Authoring Conference. Las Vegas, NV. June 2015.
10. Ji, Q., Goodson, P. (2015). [Roundtable]. *Academic writing strategies for non-traditional, international graduate students and junior faculty*. 28th Annual Textbook & Academic Authoring Conference. Las Vegas, NV. June 2015.

POSTER PRESENTATIONS

11. Ji, Q., Goodson, P. (2021) *The relationship between expressive writing and stress: A meta-analysis*. 2021 American Public Health Association Annual Meeting and Exposition, Oct. 24 -27, Denver, CO.
12. Idoko, E., Amuta-Jimenez, E., Ji, Q., Harvey, I., Nwosisi, N., and Ishino, M. (2019). *Relevance of Shared Cultural Understanding with Healthcare Providers: An in-depth Examination by Race and Gender*. 2019 American Public Health Association Annual Meeting and Exposition, Nov. 2 -6, Philadelphia, PA.
13. Ji, Q., Goodson, P. (2016). *Expressive Writing to Reduce Stress Among College Students*. 2016 Annual Meeting of the American Public Health Association. Denver, CO., October 2016.
14. Reyes, J.V, Szucs, L., Barry, A.E., Liu, H., Ji, Q., Carreon, A.K., Idoko, E., Farmer, J., Dangelo, L., Gastmyer, C., & Wilson, K. (2015). *Is the entire story being told? Examining confidence interval and effect size reporting in health education and behavior research*. 2015 American Public Health Association Annual Meeting and Exposition, Oct. 31-Nov. 4, 2015, Chicago, IL.
15. Szucs, L., Reyes, J., Barry, A., Klein, A., Ji, Q., Liu, H., Idoko, E., Farmer, J., Dangelo, L., Gastmyer, C., Wilson, K. (2015). *Why Reliance on Statistical Significance Testing Is Bad for Public Health: Examining Use of Effect Sizes in Reporting Significant Results in Health Education Research*. American Academy of Health Behavior (AAHB) National Conference. March 15-18, 2015, San Antonio, TX.
16. Ji, Q., Goodson, P. (2014). *Relationship between Expressive Writing and Health Outcomes: A Meta-analysis*. 2014 American Public Health Association Annual Meeting and Exposition. New Orleans, LA. November 2014.

17. Ji, Q., Zhao, M., Li, M., Xu, L., Talwar, D., Chen, L.S. (2014). *Perceptions of Family Health History on Decision to Date and Marry among Chinese Americans: A Qualitative Study*. 2014 American Public Health Association Annual Meeting and Exposition. New Orleans, LA. November 2014.
18. Ji, Q., Zhao, M., Li, M., Xu, L., Talwar, D., Chen, L.S. (2014). *Family Health History and Childbearing Decision-Making: a Qualitative Study of Chinese-American's Views*. 2014 American Public Health Association Annual Meeting and Exposition. New Orleans, LA. November 2014.
19. Delissaint, D., Soleimani, G., Green, B. L., Chaney, J. D., Eddy, J. M., Ji, Q. (2007). *Utilizing Distance Education Strategies in Teaching about Health Disparities*. Presented at American Alliance for Health, Physical Education, Recreation, & Dance (AAHPERD) National Convention and Exposition, Baltimore, MD. March 2007.
20. Anderson, J. L., Davis, N. K., Louis R. I., Garcia, K. M., Matkin, L. N., Ji, Q., Skypala, B. J., Green, B. L., Arekere, D., Rivers, B. M. (2006). *An innovative approach to reducing childhood obesity by focusing on the built environment*. Presented at National Association of Health Education Centers (NAHEC) Annual conference, Nashville, TN. 2006.

INVITED WORKSHOPS

1. Ji, Q. (2022). *POWER writing Productivity*. Presentation for undergraduate research scholars in Texas A&M University. College Station, November 4th, 2022.
2. Ji, Q. (2022). Healthy Writing Habits – *POWER writing*. Workshop for Health Behavior Cohort in School of Public Health, Texas A&M University. College Station, September 12th, 2022.
3. Ji, Q. (2021). *POWER writing Productivity*. Presentation for undergraduate research scholars in Texas A&M University. College Station, November 5th, 2021.
4. Ji, Q. (2020). *POWER writing Productivity*. Presentation for undergraduate research scholars in Texas A&M University. College Station, November 3rd, 2021.
5. Ji, Q. (2019). *POWER writing Productivity*. Presentation for undergraduate research scholars in Texas A&M University. College Station, November 1st, 2019.
6. Goodson, P. & Ji, Q. (2019). *P.O.W.E.R. Writing Workshop* for Female Faculty at University of Houston, Houston, Texas. June 29, 2019.
7. Goodson, P. & Ji, Q. (2019). *P.O.W.E.R. Writing Workshop* for Postdoctoral Association at Texas A&M University, College Station, June 15, 2019.
8. Goodson, P. & Ji, Q. (2019). *Investing in your Academic Writing* for Ph.D. students and Junior Faculty at University of Houston, Houston, Texas. March 27, 2019.

9. Ji, Q. (2018). *Women Health*. A 3-hour workshop for 30 Fugro female managers and supervisors. Qinhuangdao, China. December 23, 2018.
10. Ji, Q. (2018). *Women Health*. A 3-hour workshop for 30 female business owners. Qinhuangdao, China. December 25, 2018.
11. Ji, Q. (2018). *POWER writing Productivity*. Presentation for undergraduate research scholars in Texas A&M University. College Station, November 2nd, 2018.
12. Ji, Q. (2017). *Healthy Writing Habits to Reduce Academic Stress*. A 2-hour workshop for scholars in Northeast University. Qinhuangdao, China. September 24, 2017.
13. Ji, Q. (2017). *Healthy Writing Habits*. A 2-hour workshop in the 6th Poetry Conference in Qinhuangdao. Qinhuangdao, China. September 25, 2017.
14. Ji, Q. (2016). *Healthy Writing Habits*. A 2-hour workshop for scholars in Qinhuangdao No. 1 People's Hospital. Qinhuangdao, China. August 11, 2016.
15. Ji, Q. (2016). *How does expressive writing reduce stress among college students?* A 2-hour Workshop for students in Northeast University. Qinhuangdao, China. August 12, 2016.
16. Ji, Q. (2013). *How to become a Productive Academic Writer?* A 9-hour workshop for scholars in Qinhuangdao No. 1 People's Hospital. Qinhuangdao, China. June 6-8, 2013.
17. Ji, Q. (2013). *Healthy Writing Habits*. A 4-hour Workshop for Scholars in Northeast University. Qinhuangdao, China. June 10, 2013
18. Ji, Q. (2012). *Writing Productivity*. A 2-hour workshop for Undergraduate Students in Northeast University. Qinhuangdao, China. December 22, 2012

SERVICE

POWER Co-director	2023 – Present	<i>Texas A&M University</i>
		<i>P.O.W.E.R. Services</i>
POWER Consultant and Assistant	2013 – Present	<i>Texas A&M University</i>
		<i>P.O.W.E.R. Services</i>
Governing Council	2022 - Present	Applied Statistics Session
		<i>American Public Health Association (APHA)</i>

Conference Moderator & Co-host	2023, 2022, 2021 & 2016	Applied Statistics Session <i>American Public Health Association (APHA)</i>
TAMU Chinese School Teacher	Spring, 2019 – 2022	Teach Chinese & Chinese Ancient Poems for children <i>TAMU Chinese School</i>
Judge	2019-2022	Behavioral and Social Science Session <i>Texas Junior Science and Humanities Symposium (TJSHS)</i>
Judge	2019-2022	Medicine and Health Session <i>Texas Junior Academy of Science (TJAS)</i>

PROFESSIONAL MEMBERSHIPS

TAA	2012 – Present	Textbook and Academic Authors Association
APHA	2013 – Present	American Public Health Association
SOPHE	2013 - Present	Society for Public Health Education
SSSS	2017 – Present	Society for the Scientific Study of Sexuality

CERTIFICATION

2007- PRESENT	Certified Health Education Specialist (CHES [®]) from National Commission for Health Education Credentialing
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