

RHONDA N. RAHN, PHD, CHES[®]
Curriculum Vitae
October 2022

Clinical Associate Professor
Chair for Undergraduate Programs
Department of Health Behavior

Texas A&M University
College Station, Texas, 77843-1266
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EDUCATION

2014 PhD Health Education
Texas A&M University
Department of Health & Kinesiology

Dissertation title: "A Comprehensive Critique of the American College Health Association's National College Health Assessment Survey Instrument"; Advisor: B.E. (Buzz) Pruitt, EdD

2000 MS Health Education
Texas A&M University
Department of Health & Kinesiology

1998 BS Health
cum laude Texas A&M University
Department of Health & Kinesiology

CERTIFICATIONS

2012 – present **Certified Green Dot Facilitator***, Green Dot Etcetera, Inc.
**Green Dot teaches students to be aware of potential violent situations and provides them with the knowledge and skills to intervene using appropriate and safe methods.*

2009 – present **Certified Health Education Specialist (CHES)**, National Commission for Health Education Credentialing, Inc. (NCHEC) (ID #16270)

2015 **Professional Certification for Online Teaching**, College of Education and Human Development, Texas A&M University

PROFESSIONAL EXPERIENCE

2022 – present **Clinical Associate Professor**, Department of Health Behavior, School of Public Health, Texas A&M Health Science Center

2022 – present **Chair for Undergraduate Programs**, Department of Health Behavior, School of Public Health, Texas A&M Health Science Center

2019 – 2022 **Clinical Associate Professor**, Division of Health Education, Department of Health & Kinesiology, Texas A&M University

2018 – 2022 **Chair for Undergraduate Programs**, Department of Health & Kinesiology, Texas A&M University

2016 – 2022 **Graduate Faculty**, Division of Health Education, Department of Health & Kinesiology, Texas A&M University

2014 – 2019 **Clinical Assistant Professor**, Division of Health Education, Department of Health & Kinesiology, Texas A&M University

- 2013 – 2014 **Instructional Assistant Professor**, Division of Health Education, Department of Health & Kinesiology, Texas A&M University
- 2009 – 2013 **Lecturer**, Division of Health Education, Department of Health & Kinesiology, Texas A&M University
- 2003 –2013 **Health Education Coordinator**, Department of Student Health Services, Division of Student Affairs, Texas A&M University
- Tasks / Responsibilities*
- Oversaw the planning, implementation, and evaluation of theory- and evidence-based health promotion strategies, policies, programs, and services
 - Managed a budget of over \$200,000, two full time staff, and four part time undergraduate student workers
 - Supervised and develop learning outcomes for undergraduate student employees, undergraduate and graduate directed study students, interns, and graduate student practicums
 - Developed strategic goals and objectives for the health education unit
 - Implemented assessments (American College Health Association National College Health Assessment) to determine health behaviors of TAMU students; benchmark data with other institutions
 - Member of external review committee for HIV grant proposals
 - Lead writer on Student Health Services’ Assessment Plan through WEAVEonline program
- 2000 – 2003 **Health Educator**, Department of Student Health Services, Division of Student Affairs, Texas A&M University
- 1999 – 2000 **Graduate Assistant**, Department of Student Health Services, Division of Student Affairs, Texas A&M University

AWARDS AND HONORS

- 2022 **Margaret Annette Peters Advising Award**, Texas A&M University
- 2022 **Hullabaloo U Instructor of the Year Award**, Texas A&M University – *nominated*
- 2020 **25-Year Service to Texas A&M University** (1995-2020), Texas A&M University
- 2020 **Reta Haynes Faculty Fellowship Award**, College of Education and Human Development, Texas A&M University
- 2016 – 2017 **Teacher of the Year**, Division of Health Education, Department of Health & Kinesiology, Texas A&M University
- 2017 **Transfer Camp (T-Camp) Namesake***, Texas A&M University
**Honor chosen by students to have a camp named after someone who has contributed to Texas A&M in a positive way. T-camp is a 3-day orientation program to successfully transition transferring students to Texas A&M*
- 2015 **Fish Camp Namesake***, Texas A&M University
**Honor chosen by students to have a camp named after someone who has contributed to Texas A&M in a positive way. Fish Camp is a 4-day orientation program for incoming freshmen to Texas A&M*
- 2015 **20-Year Service to Texas A&M University** (1995-2015), Texas A&M

TEACHING EXPERIENCE

Texas A&M University, Department of Health & Kinesiology, Division of Health

Graduate:

HLTH 640 – Health Interventions and Wellness

Undergraduate:

UGST 181 – First Year Seminar: What would you do? Techniques for preventing power-based personal violence

HLTH 221 – Safety

HLTH 222 – Concepts in Peer Health Education (developed as a new course)

HLTH 342 – Human Sexuality (online and face-to-face)

HLTH 403 – Consumer Health

HLTH 410 – Exercise and Health Programs in the Worksite

HLTH 440 – Contemporary Issues for Community Health Interns (*communication intensive course*)

HLTH 445 – Professional Practice in Health Education

HLTH 481 – Seminar in Allied Health (*writing intensive course*)

HLTH 482 – Grant Writing (*writing intensive course*)

HLTH 485 – Directed Study. Topics include:

- Texas A&M HPV vaccination and navigation program (Fall 2016)
- Perceptions of obesity in college students: Health majors versus non-health majors (Spring 2016)
- Health epidemic: How can worksite wellness programs help? (Spring 2016)
- Examining the association between maternal age and Autism Spectrum Disorder (ASD) (Fall 2015)
- A systematic review of the effects of early weight training on bone growth and joint stability of teens and adolescents (Fall 2015)
- Breast cancer remission, body image, and sexual satisfaction: A systematic literature review (Spring 2015)
- Employee wellness (Spring 2015)
- Developing a Type I Diabetes Program Using the Health Belief Model (Fall 2014)
- Developing a Childhood Obesity Program Using the PRECEDE/PROCEED Model (Spring 2014)
- Eating disorders in college athletes: A survey and suggestions for program development (Spring 2013)
- Health education: a practical experience (Fall 2012)
- Tobacco free campus survey: Results and suggestions for policy change at Texas A&M University (Fall 2012)
- Sleeping habits of Texas A&M University students (Fall 2010)

Oral Presentations – Invited Guest Speaker

1. Rahn, R.N. (August 2022). *Workplace health: A crucial component to professional success*. Brazos Valley Society of Human Resource Management. College Station, Texas.
2. Rahn, R. N., Evans, J. L., & Fehr, S. (April 2022). *Advocacy: Through your own lens*. Student Conference on Latinx Affairs (SCOLA). Texas A&M University. College Station, Texas.
3. Rahn, R. N. (February 2022). *Health and college*. Christian Women in Medicine. Texas A&M University, College Station, Texas.

4. Rahn, R. N. (February 2020). *Women's sexuality: PHEB 621: Foundations of maternal and child health*. School of Public Health. Texas A&M Health Science Center, College Station, Texas.
5. Rahn, R. N. (January 2020). *The fab five: Dr. Rahn's five behaviors to be healthy, happy, and successful*. Maggies Organization. Texas A&M University, College Station, Texas.
6. Rahn, R. N. (November 2019). *Sexuality education in health professions*. Delta Epsilon Mu. Texas A&M University, College Station, Texas.
7. Rahn, R. N. (October 2019). *Resumes, cover letters, and interviews*. Collaborative Aggies Leadership Initiative. Texas A&M University, College Station, Texas.
8. Diaz, R., Bell, D., & Boettcher, J. & Rahn, R. N. (panel moderator). (February 2019). *Job market trends in the health industry*. College of Education and Human Development. Texas A&M University, College Station, Texas.
9. Rahn, R. N. (November 2018). *Building the group*. College of Education and Human Development Undergraduate Student Council. Texas A&M University, College Station, Texas.
10. Rahn, R. N. (October 2018). *Work/Life balance and wellness*. Department of Health & Kinesiology L.E.A.D.S. Program. Texas A&M University, College Station, Texas.
11. Rahn, R. N. (April 2018). *Sexuality education – PHEB 621: Foundations of maternal and child health lecture*. School of Public Health. Texas A&M Health Science Center, College Station, Texas.
12. Rahn, R. N. (March 2018). *Professional statements*. Eta Sigma Gamma. Texas A&M University, College Station, Texas.
13. Rahn, R. N. (March 2018). *The importance of sexuality education in healthcare settings*. Aggie Sisters in Healthcare. Texas A&M University, College Station, Texas.
14. Rahn, R. N. (April 2017). *The importance of sexuality education in healthcare settings*. Aggie Sisters in Healthcare. Texas A&M University, College Station, Texas.
15. Rahn, R. N. (February 2017). *Health on college campuses*. Council on Student Government Association (COSGA). Texas A&M University, College Station, Texas.
16. Rahn, R. N. (October 2016). *Stress and time management*. Freshman Leaders in Progress (FLiP). Texas A&M University, College Station, Texas.
17. Rahn, R. N., Boettcher, C., & Hammer, J. (November 2015). *Panel discussion member for Freshmen Leaders in Education and Human Development (FLED)*, Texas A&M University, College Station, Texas.
18. Rahn, R. N. (October 2015). *Stress and time management*. Freshman Leaders in Progress (FLiP). Texas A&M University, College Station, Texas.
19. Rahn, R. N. (October 2015). *Ambition and the college woman*. Aggie Southern Darlings; Texas A&M University, College Station, Texas.
20. Rahn, R. N. (October 2015). *Breast cancer and other screenings for college women*. National Association for the Advancement of Colored People (NAACP); Texas A&M University, College Station, Texas.
21. Rahn, R. N. (April 2015). *Before the bubble bursts: Managing stress before it's a menace*. Alpha Kappa Alpha Sorority, Inc. Annual Women's Health Symposium. College Station, Texas.
22. Rahn, R. N. (October 2014). *Stress and time management*. Freshman Leaders in Progress (FLiP).

Texas A&M University. College Station, Texas.

23. Rahn, R. N. (May 2012). *Tobacco cessation*. Texas A&M University Human Resources Department. College Station, Texas.
24. Rahn, R. N. (August 2010). *Did you get the memo? Being healthy in a busy world*. Texas A&M Research Foundation Luncheon. College Station, Texas.

Oral Presentations – Trainings

1. Rahn, R. N. & Weiser, M. (March 2013). *Green Dot Bystander Training*. Texas A&M University Staff & Faculty training. College Station, Texas.
2. Rahn, R. N. & Dorsett, L. (May 2013). *Green Dot Bystander Training*. Texas A&M University Student Health Services' Staff, College Station, Texas.

Online Lectures

1. Rahn, R. N. (October 2015). *HLTH 342: Human sexuality*. 6 online lectures. Texas A&M University, College Station, Texas.
2. Rahn, R. N. (October 2014). *KINE 120: The Science of Basic Health and Fitness; Sexually transmitted infections*. Online lecture. Texas A&M University. College Station, Texas.
3. Rahn, R. N. (April 2014). *HLTH 334: Issues in women's health*. 9 online lectures. Texas A&M University, College Station, Texas.

COURSE DEVELOPMENT / REDEVELOPMENT

2019	HLTH 410 – Exercise and Health Programs in the Workplace; taught online
2016	HLTH 342 – Human Sexuality; taught online
2014	HLTH 334 – Issues in Women's Health; taught online
2014	KINE 120 – The Science of Basic Health and Fitness; taught online
2006	HLTH 222 – Concepts in Peer Health Education (developed course)

PROFESSIONAL DEVELOPMENT – TEACHING/MENTORING

2022	UnBound Human Trafficking Prevention Training , Texas A&M University
2021	Panel on Cheating , Texas A&M University Office of the Provost
2021	2021 Sex Education Legislative Look Ahead , SIECUS
2021	Supporting Healthy Behavior Outcomes: Resources for Engaging Skills-Based Health Education , American School Health Association
2021	Youth E-Cigarette Prevention, American School Health Association
2021	Puberty Education: Building the Foundation for Healthy Sexual Development , American School Health Association
2021	COVID-19 Vaccines Town Hall: Questions & answers about the SARS-CoV-2 vaccines , Texas A&M University
2021	Teen Vaping Epidemic: Tools and Strategies to Use in Your Classroom , American School Health Association
2020	A Path to Reproductive Justice , American Public Health Association.
2020	Climate for Health Ambassadors workshop , Society of Public Health Education
2020	COVID Conversations , School of Public Health, Texas A&M University
2020	Creating Effective Exam Items that Promote Higher Order Thinking , Center for Teaching Excellence, Texas A&M University

- 2020 **Design Thinking for Engaged Learners**, Center for Teaching Excellence, Texas A&M University
- 2020 **GPS Workshop for Academic Professional Track Faculty**, Texas A&M University
- 2020 **Health Education Specialist Practice Analysis II (HESPA II 2020): Findings and Recommendations to the Field**, American School Health Association
- 2020 **Increasing Student Motivation and Engagement Online Using Active Learning webinar**, Center for Teaching Excellence, Texas A&M University
- 2020 **More Juggling Chainsaws While Riding a Unicycle: Engaging In-Person and Remote Students**, Center for Teaching Excellence, Texas A&M University
- 2020 **Promoting Digital Citizenship in Students: A Decision Making Methodology webinar**
- 2020 **Racism: The Ultimate Underlying Condition webinar**, American Public Health Association
- 2020 **SBOE Advocacy webinar**, Texas Campaign to Prevent Teen Pregnancy
- 2020 **Supporting our Children's Mental Health: Community Conversations**
- 2020 **Systems Thinking Systems Change Simulation**
- 2020 **Updated National Sex Ed Standards: What's changed since 2012?** Webinar, American School Health Association 2019
- Course (re)design institute**, Center for Teaching Excellence, Texas A&M University.
- 2019 **Mapping academic curriculum to the updated practice analysis results**, Society of Public Health Education webinar.
- 2019 **ACHA healthy campus: The next generation**, American College Health Association webinar.
- 2019 **Systems practice**, +Acumen and the Omidyar Group
- 2019 **Ongoing prevention education strategies**, Everfi webinar.
- 2019 **Promoting honor and integrity in the classroom**, Center for Teaching Excellence, Texas A&M University.
- 2019 **Being a department chair: What I wish I knew but no one told me**, Society of Public Health Education webinar.
- 2019 **Gender inclusive puberty and health education**, American School Health Association webinar.
- 2019 **#MeToo and public health: Part 1: The impact of trauma**, Society of Public Health Education webinar.
- 2019 **Gen Z and a new approach to mental wellbeing**, Everfi webinar.
- 2019 **Engaging undergraduate students in health promotion and education through service based learning**, Society of Public Health Education webinar.
- 2019 **National Workplace Well-being Summit**, American Heart Association
- 2019 **Hand me that monkey wrench: Technology for teaching writing**, Texas A&M University Instructional Technology Services and the University Writing Center.
- 2019 **Obesity and the standard American diet**, Society of Public Health Education webinar.
- 2019 **Using health behavior theory to design and evaluate a curriculum intervention to protect young workers**, Society of Public Health Education webinar.
- 2018 **AIDSvu: How to utilize HIV data to get to zero**, Society of Public Health Education webinar.
- 2018 **Behind the label with the FDA: Ensuring health educators understand the updated nutrition facts label**, Society of Public Health Education webinar.
- 2018 **It's up to us to advocate for comprehensive school health: Emerging trends in school health**, Society of Public Health Education webinar.
- 2018 **From tobacco to obesity prevention policies: A framework for implementing community-driven policy change**, Society of Public Health Education webinar
- 2018 **Transformational Teaching and Learning conference**, Texas A&M University

- 2018 **Inclusive pedagogy series: Designing international and cultural diversity and cultural discourse courses**, Texas A&M University, Center for Teaching Excellence.
- 2018 **“But first, let me take a snap”**: A study of sexual behaviors and social norms among college students on Snapchat, Society of Public Health Education webinar.
- 2018 **Programming to publishing: The importance of data collection**, Society of Public Health Education webinar.
- 2018 **The future of higher education prevention**, EVERFI webinar
- 2018 **It's up to us to advocate for comprehensive school health: Emerging trends in school health**, Society of Public Health Education webinar.
- 2017 **Beyond Freshman Year: Engaging Students in Ongoing Sexual Violence Prevention Education**, EVERFI webinar
- 2017 **E-Cigarettes: Hazard or Help?** Western New York Public Health Alliance and New York State Public Health Association
- 2017 **Adapting Sexual Assault Programs to Effectively Reach Diverse Students**, EVERFI webinar
- 2017 **Addressing Dating and Domestic Violence in the Digital Age**, EVERFI webinars
- 2017 **Human Trafficking Awareness: Implications for Schools**, American School Health Association.
- 2017 **Getting to Equity in Obesity Prevention: A New Framework**, Society of Public Health Education webinar
- 2017 **Are we in Oz? The 2017 State of Sexual Assault on College Campuses**, EVERFI webinars
- 2017 **The Dear Colleague Letter, Six Years Hence: A National Portrait of Sexual Violence Prevention Efforts in Higher Ed**, Campus Prevention Network webinar.
- 2017 **“AMAZEing” Animated Sexuality Education Videos for Middle Schoolers**, American School Health Association webinar.
- 2017 **Supporting Youth Who Identify as Members of LGBTQ+ Communities**, National Institute of Food and Agriculture (NIFA), Children, Youth, and Families at Risk (CYFAR) webinar.
- 2017 **Creating Inclusive Classrooms for LGBTQ Students**, Texas A&M University, Center for Teaching Excellence & Gay, Lesbian, Bisexual, Transgender Resource Center.
- 2017 **Developing High-Impact Co-Curricular Experiences**, College of Education and Human Development, Texas A&M University.
- 2017 **Interactive Teaching Methods and Approaches to Engage Students**, Texas A&M University, Center for Teaching Excellence.
- 2017 **Reflective Writing – Engaging, Assessing, and Managing Grading Load for Learning that “Sticks**, Texas A&M University, Center for Teaching Excellence.
- 2017 **STAND Up! Step In! Against Sexual Violence Workshop**, Texas A&M University Sexual Assault Survivors Services, Offices of the Dean of Student Life.
- 2016 **Green Dot 2.0 Instructor Training**. Texas A&M University, Offices of the Dean of Student Life.
- 2016 **Wakonse South Conference on College Teaching**. Texas A&M University, Center for Teaching Excellence.
- 2016 **What We Have in Comma: The Trials and Tribulations of Teaching Grammar**. Texas A&M University, University Writing Center.
- 2015 **Wakonse South Conference on College Teaching**. Texas A&M University, Center for Teaching Excellence.
- 2015 **Teaching Methods**. Texas A&M University, Center for Teaching Excellence.
- 2015 **Lecturing Well**. Texas A&M University, Center for Teaching Excellence.
- 2015 **Engaging Today’s Student**. Texas A&M University, Center for Teaching Excellence.
- 2015 **FiT: A Basic Guide to Digital Multimedia Production for Teaching and Learning**. Texas A&M University, Center for Teaching Excellence, and Instructional Technology Services.

- 2014 **W Course Primer: Assign It, Teach It, Grade It.** Texas A&M University, University Writing Center.
- 2012 **Green Dot Instructor Training.** Texas A&M University, Offices of the Dean of Student Life.
- 2007 **Question, Persuade, Refer (QPR) Gatekeeper Training for Suicide Prevention.** Texas A&M University, Student Counseling Services.

STUDENT MENTORING

- 2021 – present **Christian Women in Medicine, Advisor**
- 2019 – present **Act to End Sex Trafficking & Assault, Advisor**
- 2015 – present **Transforming Lives Undergraduate Learning Community***
**Mentor a small (less than 20) group of first year freshmen health majors on adjusting to college and getting comfortable with the major*
- 2022 – 2023 **University LAUNCH Undergraduate Research Program Capstone Project, Advisor** – Lauren Kearns; Telling the stories of medical professionals through art
- 2021 – 2022 **Aggies & Mentors** – Texas A&M University Alumni Mentoring Program
- 2021 – 2022 **University LAUNCH Undergraduate Research Program Capstone Project, Advisor** – Nimisha Srikanth; Developing teaching curriculum for Human Sexuality course
- 2017 – 2019 **TAMU Institute for Healthcare Improvement, Co-Advisor**
 School of Public Health
 Texas A&M University
- 2018 – 2019 **Maroon and White Leadership Coach**
- 2014 – 2018 **Health Ambassadors* Co-Sponsor, Division of Health**
 Department of Health & Kinesiology
 Texas A&M University

**Health Ambassadors are a small group of students who represent the Division of Health for services such as organizing welcome orientations and escorting guest speakers around campus*

Graduate Student Committees

Chair

Masters of Science in Health Education – Texas A&M University

Natalie Lin (current student)

Garrett Seales (current student)

Allison Fields (current student)

Kristin Johnson (graduated, December 2017)

Member

Doctor of Health Education – Texas A&M University

Kaileigh Roan (current student); research interests – GLBTQ+ concerns and issues

Samantha Ortega (current student)

Doctor of Public Health – Texas A&M University School of Public Health

Maria Roque (current student); research interests – menstrual equity in adolescents

Doctor of Philosophy in Educational Psychology – Texas A&M University

Suresh Joshi (graduated, December 2020)

Masters of Science in Health Education – Texas A&M University

Christina Bookout (graduated, December 2019)

Connie Miller (graduated, August 2017)

Skye McDonald (graduated, May 2017)

Megan Molano (graduated, December 2016)

Masters of Science in Biomedical Science – Texas A&M University

Collin Telchik (graduated, December 2017)

Brittani Orme (graduated, December 2018)

PEER REVIEWED PUBLICATIONS

* Undergraduate student

** Graduate student

Published Peer Reviewed Journal Articles

1. Boling, W., Berlin, K., Rahn, R. N., Vogelzang, J. L., & Walter, G. (2018). Institutional review board basics for pedagogy research. *Pedagogy in Health Promotion*, 4(3), 172-177. Doi.org/10.1177/2373379918793400.
2. Purcell, N., Rahn, R. N., & Atkinson, T. D. (2018). Assessing college students' perceptions about cigarette smoking: Implications for prevention. *American Journal of Health Education*. Doi: 10.1080/19325037.2018.1428701
3. Rahn, R. N., Shipley, M., Szucs, L. E.**, McDonald, S.**, & Holden, C.** (2018). Increasing self-efficacy among future health educators: An exploratory study using service learning. *Pedagogy in Health Promotion*, 4(1), 10-18. Doi: 10.1177/2373379916684849
4. Rahn, R. N., Pruitt, B., & Goodson, P. (2016). Utilization and limitations of the American College Health Association's National College Health Assessment instrument: A systematic review. *Journal of American College Health*, 64(3), 214-237.
5. Dickerson, J.B.**, Smith, M. L., Rahn, R., Ory, M. G. (2012). Behavioral cluster analysis of food consumption: Associations with comparatively healthier food choices. *The Internet Journal of Nutrition and Wellness*, 11(1).
6. Holzweiss, P.C., Rahn, R., & Wickline, J. (2008). Are all student organizations created equal? The differences and implications of student participation in academic versus non-academic organizations. *The College Student Affairs Journal*, 47(1), 136-150.

Published Book Chapters

1. Pennel, C. L., Clark, H., & Rahn, R. N. (2015). Rural health education and community-based programs. In J. N. Bolin, G. Bellamy, A. O. Ferdinand, B. A. Kash, & J. W. Helduser (Eds.), *Rural healthy people 2020: A companion document to Healthy People 2020* (pp. 15-27). Bryan, TX: Newman Printing Company.

White Papers

1. Dirani, K., Harvey, I. S., & Rahn, R. N. (2017). *Quality of life: A white paper*. Prepared by the faculty advisory committee at the request of Dean Joyce Alexander. Texas A&M University College of Education and Human Development.

PEER REVIEWED PRESENTATIONS

* Undergraduate student

** Graduate student

Oral Presentations – National / International Meetings

1. Rahn, R. N. (January 2023). *Utilizing the CHES Areas of Responsibility to create a peer-led health toolkit with undergraduate students*. 12th Annual International Conference on the Health Risks of Youth (ICHRY), Cancun, Mexico. (*accepted for presentation*)
2. Rahn, R. N. (October 2022). *Teaching undergraduate peer health educators how to advocate on campus*. SOPHE 24th Annual Advocacy Summit, Washington, D.C.
3. McMaughan, DJ, & Rahn, R. N. (March 2022). *Engaging universal design learning and critical disability theory in health education and promotion pedagogy*. 73rd Annual Society of Public Health Education Conference, Digital Experience.
4. Rahn, R. N., Sherman, L., Gunnels, E., & Wilson, K. (April 2021). *Creating alternate health education internships in lieu of the COVID-19 pandemic*. 72nd Annual Society of Public Health Education Conference, Digital Experience.
5. Rahn, R. N., & Nicksic, H. (January, 2020). *Strategies to increase student comfort level with sexuality topics*. 11th Annual International Conference on the Health Risks of Youth (ICHRY), Los Cabos, Mexico.
6. Dirani, K., Harvey, I. S., & Rahn, R. (February 2019) *Quality of life in academia*. AHRD International Conference in the Americas. Louisville, Kentucky.
7. Adams, P., Lee, M., & Rahn, R. N. (May 2018). *Applying research to health promotion practice: Considering evidence, context, and stage of program development*. American College Health Association, Washington, DC.
8. Hays, C. N.**, Carreon, A. K.**, McNeill, E. B., Wiley, D. C., Wilson, K. L., & Rahn, R. N. (January 2017). *Assessing professional teacher-preparation programs' alignment with the National Teacher Preparation Standards for Sexuality Education, common findings from two institutions of higher education in Texas*. Roundtable session presented at the 8th Annual International Conference on the Health Risks of Youth (ICHRY). Cancun, Mexico.
9. Hays, C. N.**, Ji, M. Y., Davis, C. G., Rahn, R. N., & Wilson, K. L. (January 2017). *An exploratory factor analysis of the contraception use survey*. Roundtable session presented at the 8th Annual International Conference on the Health Risks of Youth (ICHRY). Cancun, Mexico.
10. Rahn, R. N., Sherman, L., & Clark, H. R. (January 2017). *Differences in perceptions of obesity among a sample of undergraduate students*. Roundtable session presented at the 8th Annual International Conference on the Health Risks of Youth (ICHRY). Cancun, Mexico.
11. Clark, H. R., Rahn, R. N., Shipley, M., Sherman, L., & Foster, M. J. (April 2016). *Network analysis, social support, and mental health in college students: An examination of the literature*. International Sunbelt Social Network Conference, Newport Beach, California.
12. Rahn, R. N., Purcell, N., & Hollingsworth, R. (January 2016). *College students' perceptions about cigarette smoking: Implications for policy change*. Roundtable session presented at the 7th Annual International Conference on the Health Risks of Youth (ICHRY). Cancun, Mexico.
13. Rahn, R. N. (February 2015). *Utilizing reflection journals to assess student learning in an undergraduate health course*. 15th Annual Assessment Conference, College Station, Texas.

14. Rahn, R. N. & Dorsett, L. (February 2013). *Assessing student learning through health education presentations*. 13th Annual Assessment Conference, College Station, Texas.
15. Shehane, M., Acosta, A., & Rahn, R. N. (February 2013). *Assessing student learning in the co-curricular to promote learning for a lifetime*. 13th Annual Assessment Conference, College Station, Texas.
16. Rahn, R. N. & Dorsett, L. (February 2009). *The health of our students*. 9th Annual Assessment Conference. College Station, Texas.

Oral Presentations – State / Regional Meetings

1. Rahn, R. N., Bishop, C., Cullers, M., & Slagel, K. (December 2022). *A collaborative initiative to create a wellbeing curriculum for first time in college students*. Texas Association of Health, Physical Education, Recreation, and Dance (TAHPERD), Corpus Christi, Texas. (*accepted for presentation*)
2. Roan, K.* & Rahn, R. N. (May 2022). *Educating pre-professional undergraduate health students on gender and sexual identity topics*. Transformational Teaching and Learning Conference. Texas A&M University, College Station, Texas.
3. Dorsett, L. & Rahn, R. N. (December 2019). *Using peer health educators to increase comfort level with sexuality topics in pre-professional health students*. 96th Annual Convention Texas Association of Health, Physical Education, Recreation, and Dance (TAHPERD), Arlington, Texas.
4. Slattery, P., Gale, T.**, Scaramuzzo, P.**, Couri, D.*, & Rahn, R. N. (March 2019). *Inclusivity of LGBTIQ+ and health education*. Race, Identity, and Social Equity Conference, College Station, Texas.
5. Nicksic, H., & Rahn, R. N. (December 2018). *Integrating active learning into health education*. 95th Annual Convention Texas Association of Health, Physical Education, Recreation, and Dance (TAHPERD), Galveston, Texas.
6. Rahn, R. N., Clark, H., & Sherman, L. (December 2017). *An investigation into the knowledge differences between health and non-health related majors on perceptions of obesity*. 94th Annual Convention Texas Association of Health, Physical Education, Recreation, and Dance (TAHPERD), Ft. Worth, Texas.
7. Rahn, R. N., McDonald, S.**, & Sherman, L. (December 2016). *Utilizing reflection journals and the Transtheoretical Model to assess health behavior change in undergraduate students*. 93rd Annual Convention Texas Association of Health, Physical Education, Recreation, and Dance (TAHPERD), Galveston, Texas.
8. Rahn, R. N., Shipley, M., Clark, H., & Sherman, L. (April 2016). *Are we all talk and no play? Using service learning in the classroom*. Wakonse South Conference on College Teaching. Burnett, Texas.
9. Clark, H. R., Rahn, R. N., & McNeil, E. B. (April 2016). *Adaptions on values clarification activities that work in any department*. Wakonse South Conference on College Teaching. Burnett, Texas.
10. Rahn, R. N. & McDonald, S.** (December 2015). *Taking learning outside the classroom: Implementing a health fair with peer educators*. 92nd Annual Convention Texas Association of Health, Physical Education, Recreation, and Dance (TAHPERD). Dallas, Texas.
11. Rahn, R. N., Kurten, J., & Harwell, P. (October 2013). *Aggies RISE: Reflecting and integrating student employment*. Association of College Unions International (ACUI) Regional Conference. College Station, Texas.
12. Rahn, R.N. (October 2010). *The health of our students*. Texas Society of Public Health Education

(TSOPHE), College Station, Texas.

Oral Presentations – University Meetings

1. Cox, K., Roberts, D., Donaldson, A., Jaks, S., & Rahn, R. N. (July 2013). *Student leader learning outcomes (SLLO) project orientation*. Texas A&M Division of Student Affairs Summer Advisor and Supervisor Symposium. College Station, Texas.
2. Kurten, J., Roberts, D., & Rahn, R.N. (July 2013). *Aggies RISE: Reflecting and integrating student employment*. Texas A&M Division of Student Affairs Summer Advisor and Supervisor Symposium. College Station, Texas.
3. Rahn, R.N. (August 2012). *Stressed out! How all aspects of health affect stress and academics*. Texas A&M International Student Conference. College Station, Texas.
4. Rahn, R.N. (January 2012). *Stressed out! How all aspects of health affect stress and academics*. Texas A&M International Student Conference. College Station, Texas.

Poster Presentations – National / International Meetings

1. Khanhkham, A.** Roan, K.** , Vera, S.** , & Rahn, R.N. (November 2022). *Narrative inquiry into media and sexual development*. American Public Health Association, Boston, Massachusetts. *(accepted for presentation)*
2. Roan, K.** & Rahn, R. N. (November 2022). *Gender vs sex: An education in human sexuality for undergraduate health students*. The Society for the Scientific Study of Sexuality. Vancouver, BC *(accepted for presentation)*
3. Srikanth, N.* & Rahn, R. N. (July 2022). *Integrating a curriculum-based project into an undergraduate human sexuality course*. American School Health Association. Albuquerque, New Mexico.
4. Roan, K.** & Rahn, R. N. (July 2022). *Introduction into LGBTQ+ topics for pre-professional health students*. National LGBTQ Health Conference, Chicago, Illinois.
5. Rahn, R. N., & Evans, J. L. (March 2022). *Developing a health honors program to aid in professional development of pre-professional health students*. 73rd Annual Society of Public Health Education Conference. Digital Experience.
6. Rahn, R. N. (March 2022). *Reimagining service learning for peer health educators in the midst of a pandemic*. 73rd Annual Society of Public Health Education Conference. Digital Experience.
7. Rahn, R. N. (July 2021). *Using peer health educators to create a wellness toolkit*. American School Health Association Annual Conference. Virtual Presentation.
8. Nicksic, H. & Rahn, R. N. (March 2020). *Preparing the next generation for health education internships: What instructors need to know*. Society of Public Health Education (SOPHE), Atlanta, Georgia.
9. Rahn, R. N., Clark, H. R., & Sherman, L., (March 2019). *Using health behavior theories to develop an instrument to identify obesity perceptions in health-related majoring undergraduate students*. Society of Public Health Education (SOPHE), Salt Lake City, Utah.
10. Rahn, R. N., Agomo, C., & Baryeh, N. A. (March 2019). *Translating research activities, project work and practice to publications: Examples for the graduate student, the practitioner, and the service-oriented professional*. Society of Public Health Education (SOPHE), Salt Lake City, Utah.

11. Rahn, R. N., Sherman, L., & Clark, H. R. (May 2018). *Using obesity perceptions to address bias in health educators*. American College Health Association (ACHA), Washington, DC.
12. Purcell, N. P., Rahn, R. N., & Holligsworth, R. (March 2018). *Assessing college students' perceptions about cigarette smoking: Implications for prevention*. Society of Public Health Education (SOPHE), Columbus, Ohio.
13. Rahn, R. N., Clark, H. R., & Sherman, L. (March 2018). *Investigating the differences between health-related and non-health-related majors regarding perceptions on obesity*. Society of Public Health Education (SOPHE), Columbus, Ohio.
14. Rahn, R. N., Clark, H. R., Sherman, L., & Baker, D.* (March 2018). *Does perception of obese patients change the treatment they receive from health care providers? An investigation into pre-health professional perceptions on obesity*. Society of Public Health Education (SOPHE), Columbus, Ohio.
15. Hays, C. N.**, Davis, C. G., Rahn, R. N., & Wilson, K. L. (May 2017). *Factors associated with contraceptive attitudes, beliefs, and behaviors among graduate-level females who have ever engaged in unprotected sex*. American College Health Association (ACHA), Austin, Texas.
16. Hays, C. N.**, Davis, C. G., Rahn, R. N., & Wilson, K. L. (March 2017). *Analyzing the influence of healthcare provider factors on contraceptive behaviors among graduate-level college females*. American Academy of Health Behavior (AAHB), Tucson, Arizona.
17. Rahn, R. N., Sherman, L., & Clark, H. R. (March 2017). *A pilot study to investigate college students' perceptions about obesity*. Society of Public Health Education (SOPHE), Denver, Colorado.
18. Rahn, R. N., Shipley, M., & Davis, C. (March 2017). *Using a health fair project to increase self-efficacy among future health educators*. Society of Public Health Education (SOPHE). Denver, Colorado.
19. Hays, C.**, Wilson, K., Davis, C., Ji, M. Y., & Rahn, R. N. (March 2017). *Associations between contraception use and unintended pregnancy scares among graduate-level college women*. Society of Public Health Education (SOHPE), Denver, Colorado.
20. Rahn, R. N., Shipley, M., Szucs, L.**, McDonald, S.**, & Ballard, C.** (March 2016). *Increasing self-efficacy among future health educators: An exploratory study using service learning*. Society of Public Health Education (SOPHE), Charlotte, North Carolina.
21. Hays, C. N.*, Gastmyer, C. L., Rahn, R. N., & Wilson, K. L. (May 2015). *A pilot study to identify barriers to effective contraception use in graduate level female college students*. American College Health Association (ACHA), Orlando, Florida.
22. Brown, J., Rahn, R. N., & Carrethers, T. (May 2007). *Healthy steps worksite health program*. American College Health Association (ACHA), San Antonio, Texas.

Poster Presentations – State / Regional Meetings

1. Rahn, R. N. & Ji, Q. (October 2022). *Examining the relationship between writing and emotional intelligence*. Texas Conference on Student Success. College Station, Texas.
2. Clark, H. R., Rahn, R. N., & Sherman, L. (February 2020). *Investigation of obesity perceptions in college students majoring in a health or health-related field: Pilot study results*. Spring 2020 Data Blitz Symposium. Prairie View A&M, Prairie View, Texas.
3. Dorsett, L. & Rahn, R. N. (October 2008). *The biggest loser – TAMU*. Southwest College Health Association (SWCHA). Austin, Texas.

Poster Presentations – University Meetings

1. Khanhkham, A.** , Roan, K.** , Vera, S.** , & Rahn, R.N. (March 2022). Narrative inquiry on media and sexual development. Student Research Week, Texas A&M University. College Station, Texas.
2. Roan, K.** & Rahn, R.N. (March 2022). *Educating pre-professional undergraduate health students on gender and sexual identity topics*. Student Research Week, Texas A&M University. College Station, Texas.
3. Hays, C.N.** , Rahn, R. N., Gastmyer, C.L., & Wilson, K.L. (March 2014). *Developing an instrument to assess contraceptive use among select college students*. Student Research Week, Texas A&M University. College Station, Texas.

EXTERNAL/INTERNAL FUNDING

Funded

- 2022 **Climate & Diversity Peer Collaboration Grants** Department of Health & Kinesiology, College of Education and Human Development, Texas A&M University
Principle Investigator: Qian Ji. Co-PI: Rahn
\$500/each investigator
- 2017-2020 **Service Learning Experience Grant** College of Education and Human Development, Texas A&M University
Principle Investigator. Research Team: Rahn
\$1,000/1 semester
- 2016 (fall) **Service Learning Experience Grant** College of Education and Human Development, Texas A&M University
Principle Investigator. Research Team: Rahn & McDonald
\$800/1 semester
- 2016 (spring) **Service Learning Experience Grant**, College of Education and Human Development, Texas A&M University
Principle Investigator. Research Team: Rahn & McDonald
\$410/1 semester
- 2013 **Identifying the Barriers to Effective Contraception in Texas A&M University Female Students**, Texas A&M University – Undergraduate Research Grant
Principle Investigator/Faculty Mentor for undergraduate student. Research Team: Hays & Rahn
\$500/1 year

Not Funded

- 2020 **The Ultimate Internship: Using Recreation and Sport to Enhance Global Citizenship and Cultural Connectedness**
Co-Investigator, Research Team: Dixon, M., Zimmer, Nelson, Rahn, & Dixon, S.
\$49,000/1 year
- 2019 **The Ultimate Internship: ReDesigning Study Abroad Curriculum for Enhanced Global Awareness**
Co-Investigator. Research Team: Dixon, M., Zimmer, Rahn, & Dixon, S.
\$27,700/1 year

- 2019 **Consolidated Grant Program to Address Children and Youth Experiencing Domestic and Sexual Assault and Engage Men and Boys as Allies, US Department of Justice Office on Violence Against Women**
Co-Investigator. Research Team: Montalvo-Liendo, Clark, Fehr, Rahn
\$500,000/3 years
- 2017 **Physical Activity Prescriptions for Low Income Residents of the Brazos Valley (PARx Program)**, Catapult Grant, College of Education and Human Development, Texas A&M University
Co-Principle Investigator. Research Team: Clark, Nicksic, Rahn, McCord, Dickey, Stasi
\$30,000/1 year
- 2017 **Texas A&M HPV Vaccination and Navigation Program**, Catapult Grant, College of Education and Human Development, Texas A&M University
Co-Principle Investigator. Research Team: Chen & Rahn
\$30,000/1 year
- 2016 **Texas A&M HPV Vaccination and Navigation Program**, Cancer Prevention and Research Institute of Texas (CPRIT)
Co-Principle Investigator. Research Team: Chen & Rahn
\$400,000/3 years
- 2013 **Texas A&M Wellness Living Learning Community**, American College Health Association – United Healthcare Student Resources Initiatives in College Mental and Behavioral Health Grant
Principle Investigator. Research Team: Rahn & Dorsett
\$5,000/1 year

PROFESSIONAL AFFILIATIONS

- | | |
|----------------|--|
| 2015 – present | Texas Association of Health, Physical Education, Recreation, & Dance (TAHPERD) |
| 2014 – present | American College Health Association (ACHA) |
| 2012 – present | Society for Public Health Education (SOPHE) |

ACADEMIC / PROFESSIONAL SERVICE

Professional Organizations

Society for Public Health Education

- | | |
|----------------|---|
| 2022 – present | Board of Trustee: Trustee for Research Agenda and Ethics Committees (2 year appointment) |
| 2022 – present | Ethics Committee (member) |
| 2019 – present | Workplace Health Community of Practice (Co-Chair: 2019-present) |
| 2016 – present | Research Agenda Committee (Co-Chair: 2016-2020) |
| 2022 | Session moderator: SOPHE Advocacy Summit, Washington, DC |
| 2021 | Abstract reviewer: Annual meeting, St. Louis, Missouri |
| 2021 | Conference Planning Committee (Continuing Education Co-Chair–Annual meeting, St. Louis, Missouri) |
| 2020 | Conference Planning Committee – 72 nd Annual meeting, Digital Experience |
| 2020 | Abstract reviewer: 72 nd Annual meeting, Virtual Conference |
| 2019 | Abstract reviewer: 71 st Annual meeting, Atlanta, Georgia |

2019 – 2020 Conference Planning Committee – 71st Annual meeting, Atlanta, Georgia
 2018 – 2019 Conference Planning Committee – 70th Annual meeting, Salt Lake City, Utah
 2018 Abstract reviewer: 70th Annual meeting; Salt Lake City, Utah
 2018 Abstract reviewer: 69th Annual meeting; Columbus, Ohio
 2016 – 2017 Conference Planning Committee – 68th Annual meeting, Denver, Colorado
 2017 Session Moderator: 68th Annual meeting; Denver, Colorado
 2017 Abstract reviewer: 68th Annual meeting; Denver, Colorado
 2016 Abstract reviewer: 67th Annual meeting; Charlotte, North Carolina
 2015 New Member Mentor – 66th Annual meeting, Portland, Oregon
 2015 Abstract reviewer: 66th Annual meeting; Portland, Oregon

American College Health Association

2015 – present Research Committee member
 2021 Abstract reviewer: Annual meeting; San Diego, California
 2020 Abstract reviewer: Annual meeting; New Orleans, Louisiana
 2019 Abstract reviewer: Annual meeting; Chicago, Illinois
 2018 Abstract reviewer: Annual meeting; Denver, Colorado
 2018 Session Presider/Facilitator: Annual meeting; Washington, DC
 2016 Abstract reviewer: Annual meeting; San Francisco, California
 2015 Session Presider/Facilitator: Annual meeting; Orlando, Florida

National Commission for Health Education Credentialing (NCHEC)

2017 – present Ambassador

Texas A&M University

2022 – present Association of Former Students University Distinguished Achievement – Teaching Award Committee
 2022 – present Undergraduate Academic Appeals Panel
 2019 – present Hullabaloo U Well-Being Curriculum Team
 2022 Student Research Week Judge (March 2022)
 2019 – 2022 Status of Academic Professional Track Faculty Committee (3-year term)
 2019 – 2022 Honors and Undergraduate Research Advisory Council (3-year term)

School of Public Health

2022 – present Curriculum Committee

College of Education and Human Development

2018 – 2020 50th Anniversary Celebration Committee
 2014 – 2017 Member, Faculty Advisory Council (3-year term)

Department of Health & Kinesiology

Standing Committees

2018 – 2022 Undergraduate Scholarships and Awards Committee (chair)
 2019 – 2022 Academic Program Track Promotion Review Committee
 2016 – 2022 Member, Climate and Diversity Committee

Ad Hoc Committees

2022 Member, Search Committee: Department Head
 2021 Chair, Search Committee: Academic Advisor IV
 2019 Member, Field of Study for Health Professions, Texas Higher Education Coordinating Board
 2019 Member, Search Committee: Administrative Associate

2019 Member, Search Committee: Academic Advisor IV
2018 Member, Search Committee: Graduate Program Advisor

Division of Health

Standing Committees

2015 – present A1 Review Committee (Chair: 2017)
2014 – present Allied Health Option Assessment (Chair: 2015-present; Member: 2014-2015)
2014 – 2017 Grade Appeals Committee (Chair)
2013 – 2015 Community Health Option Assessment (Member)

Ad Hoc Committees

2021 Member, Search Committee: Visiting Clinical Assistant Professor
2020 HLTH/CHLT Honors Program Development Committee
2020 HLTH Division Curriculum Re-Design Committee
2020 SPH/CEHD Curriculum Overlap Committee
2015 Member, Search Committee: Adjunct Instructor
2015 Member, Search Committee: Visiting Clinical Assistant Professor
2015 Member, Search Committee: Visiting Clinical Assistant Professor
2015 Member, Search Committee: Visiting Instructional Assistant Professor
2015 Member, Growth Points Committee
2015 Member, Clinical Track: Roles and Responsibilities

Peer Reviewer / Other

2019 – present *Pedagogy in Health Promotion*
2018 – present *Health Promotion Practice*, Society of Public Health Education
2017 – present *Journal of Drug Education: Substance Abuse Research and Prevention*
2014 – present *American Journal of Sexuality Education*, American Association of Sexuality Educators, Counselors, and Therapists
2012 – present Consultant, POWER (Promoting Outstanding Writing for Excellence in Research): Writing Support Services, Department of Health & Kinesiology, Texas A&M University
2018 Oxford University Press – Human Sexuality textbook
2017 – 2018 Top Hat Publishing Company – Human Sexuality textbook