

This degree plan packet is meant to be a resource for current students at Texas A&M University.

If you are a prospective freshman or transfer student and would like to see if the courses listed in this packet coincide with courses you have taken or are looking to take outside of Texas A&M, please utilize one of the following resources:

Texas A&M University Transfer Course Equivalency Site

<https://howdy.tamu.edu/uPortal/p/tce-ui.ctf1/max/render.uP>

Texas Common Course Numbering System

<https://www.tccns.org/>

**TEXAS A&M UNIVERSITY
DEPARTMENT OF HEALTH
B.S. DEGREE PLAN IN HEALTH – ALLIED HEALTH**

Student: _____ UIN: _____
Last First Middle

Foreign Language: (2 yrs HS or 2 semesters University) _____ Phone Number/Email: _____

Writing Requirement: HLTH 481 & HLTH 482 | International & Cultural Diversity (3hrs): HLTH 236 | Cultural Discourse (3hrs): HLTH 342

COURSE	HRS	GRD	COURSE	HRS	GRD
ENGLISH & SPEECH (6 hrs)			MAJOR COURSEWORK (41 hrs)		
<i>ENGL 103 / ENGL 104 - Comp & Rhetoric</i>	3		HLTH 210 - Introduction to the Discipline	3	
COMM 203 - Public Speaking	3		HLTH 231 - Healthy Lifestyles	3	
			HLTH 236# - Race, Ethnicity & Health	3	
MATH ELECTIVES * (6 hrs)			HLTH 240 - Comp Tech in HLTH/KINE	3	
**	3		HLTH 331 - Community Health	3	
**	3		HLTH 342# - Human Sexuality	3	
			HLTH 354 - Medical Terminology	3	
LIFE AND PHYSICAL SCIENCE (17 hrs)			HLTH 403 - Consumer Health	3	
BIOL 107-Zoology / BIOL 111- Intro Biol I	4		HLTH 429 - Environmental Health	3	
CHEM 119 - Fund of Chemistry I	4		HLTH 481+ - Seminar in Allied Health, (S/U)	1	
BIOL 319% - Integ Hum Anat & Phys I	4				
BIOL 320% - Integ Hum Anat & Phys I	4		HLTH 335 - Human Diseases	3	
KINE 120 - Science of Basic HLTH & FIT	1		HLTH 353 - Drugs and Society	3	
			HLTH 407 - Global Health	3	
LANG, PHIL & CULTURE* (3 hrs)			HLTH 410 - Health Programs in the Workplace	3	
	3		HLTH 482+ - Grant Writing, (S/U)	1	
CREATIVE ARTS* (3 hrs)			DIRECTED ELECTIVES (22 hrs)		
	3		SOCI 205 - Introduction to Sociology	3	
SOCIAL & BEHAVIORAL SCIENCE (3 hrs)					
PBSI 107 - Intro to Psychology	3				
CITIZENSHIP (12 hrs)					
HIST*	3				
HIST*	3				
POLS 206 - American National Government	3				
POLS 207 - State and Local Government	3				
			GENERAL ELECTIVES (6 hrs)		
KINESIOLOGY (1 hr)					
KINE 199 - Required Physical Activity	1				

*Italicized and **BOLDED** courses represent prerequisite classes that **MUST** be taken before the **SHADED** upper-level HLTH courses.*

^ Student should refer to professional school advising to know which Biology to take (BIOL 107 or BIOL 111).

* - See Core Curriculum at core.tamu.edu for course options. Electives **MUST** satisfy Core Curriculum requirements.

** - Choose any core Curriculum math course from core.tamu.edu **EXCEPT** Math 150.

- Satisfies Core Curriculum International and Cultural Diversity and Cultural Discourse Requirement.

+ - These courses satisfy the Core Curriculum Writing Requirement.

% - Must complete BIOL 319 at Texas A&M in order to take BIOL 320 at Texas A&M.

STUDENT _____ DATE _____ MINIMUM HOURS REQUIRED: 120

ADVISOR _____ DATE _____ PROPOSED GRAD. DATE: _____

Allied Health - Catalog 202231

This guide is intended to assist students in scheduling. Please update as advisor indicates.

COURSES/ SUBSTITUTION	HRS	PREREQUISITE	TCCNS.ORG	ESSENTIAL INFORMATION
<i>ENGL 103 or ENGL 104</i>	3		ENGL 1301 or 1302	Must make a "C" or better. Prerequisite for Shaded Upper-Level HLTH Courses. Must take ENGL 104 as a U1 or U2, or you will have to transfer it in.
<i>COMM 203 or COMM 205</i>	3		SPCH 1315	Must make a "C" or better. Prerequisite for Shaded Upper-Level HLTH Courses
MATH Elective*	3		MATH 1324	Any Core Curriculum Math Credit Except MATH 150. Must make a "C" or better. See core.tamu.edu
MATH Elective*	3		MATH 1325	Any Core Curriculum Math Credit Except MATH 150. Must make a "C" or better. See core.tamu.edu
<i>BIOL 107 or BIOL 111</i>	4		BIOL 1413 or 1406	Must make a "C" or better. Prerequisite for Shaded Upper-Level HLTH Courses
<i>CHEM 119</i>	4		CHEM 1411	Must make a "C" or better. Prerequisite for Shaded Upper-Level HLTH Courses
<i>BIOL 319%</i>	4	BIOL 107 or 111&112	BIOL 2401	Must make a "C" or better. Prerequisite for Shaded Upper-Level HLTH Courses
<i>BIOL 320%</i>	4	BIOL 319	BIOL 2402	Must make a "C" or better. Prerequisite for Shaded Upper-Level HLTH Courses
KINE 120	1			Must make a "C" or better.
Lang, Phil & Culture Elective*	3			See core.tamu.edu
Creative Arts Elective*	3			See core.tamu.edu
PBSI 107	3		PSYC 2301	Must make a "C" or better.
HIST - 3 hours*	3		HIST 1301	Any core curriculum HIST credit.
HIST - 3 hours*	3		HIST 1302	Any core curriculum HIST credit.
POLS 206	3		GOVT 2305	
POLS 207	3		GOVT 2306	
KINE 199	1			Can take as Pass/Fail or Letter Grade. Must make a "C" or better if taking as a Letter Grade.
<i>HLTH 210</i>	3			Must make a "C" or better. Prerequisite for Shaded Upper-Level HLTH Courses
<i>HLTH 231</i>	3		PHED 1304	Must make a "C" or better. Prerequisite for Shaded Upper-Level HLTH Courses
HLTH 236#	3			Must make a "C" or better.
<i>HLTH 240</i>	3			Must make a "C" or better. Prerequisite for Shaded Upper-Level HLTH Courses
HLTH 331	3	HLTH 231		Must make a "C" or better.
HLTH 342#	3			Must make a "C" or better.
HLTH 354	3			Must make a "C" or better.
HLTH 403	3			Must make a "C" or better.
HLTH 429	3			Must make a "C" or better.
HLTH 481	1			Must take Pass/Fail (S/U).
HLTH 335	3	<i>Italicized & Bolded Courses</i>		Must make a "C" or better.
HLTH 353	3	<i>Italicized & Bolded Courses</i>		Must make a "C" or better.
HLTH 407	3	<i>Italicized & Bolded Courses</i>		Must make a "C" or better.
HLTH 410	3	<i>Italicized & Bolded Courses</i>		Must make a "C" or better.
HLTH 482	1	<i>Italicized & Bolded Courses</i>		Must take Pass/Fail (S/U); Must make a "C" or better.
Directed Electives (22 hours)	22			Must be chosen from the Directed Elective List in degree plan packet; Must make a "C" or better.
SOCI 205	3		SOCI 1301	Must make a "C" or better.
Electives - 6 hours	6			Any 6 hours not previously applied to the degree plan; Must make a "C" or better.

Courses in SHADED area indicate Upper Level Coursework.

Student should refer to professional school prerequisites to know which Biology to take (BIOL 107 or BIOL 111).

% - Must take BIOL 319 at Texas A&M University in order to take BIOL 320 at Texas A&M University.

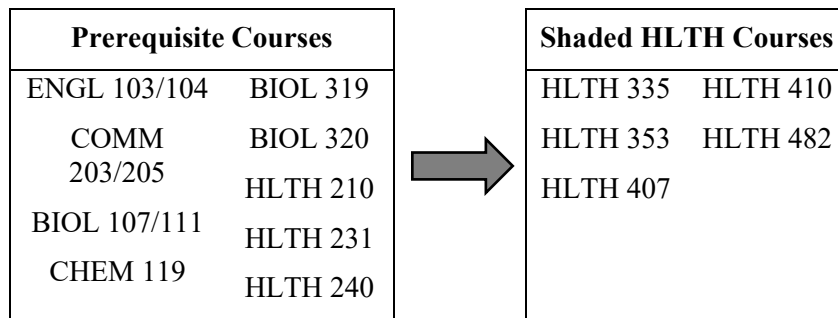
- Satisfies Core Curriculum International and Cultural Diversity and Cultural Discourse Requirement.

* - See Core Curriculum at core.tamu.edu for course options. Electives MUST satisfy Core Curriculum requirements.

Texas A&M University
 Department of Health
 B.S. Degree Plan in Health - Allied Health (AHO)
 Catalog 202231

I. COURSE SEQUENCING AND PREREQUISITES

The Health curriculum is sequenced, meaning you must complete certain prerequisite courses prior to enrolling in certain 300/400 level HLTH courses. The purpose of course sequencing is to present material in a logical way that helps lay the foundation for students to be successful in the courses that follow. The prerequisites must be completed with a C or better before students can enroll in HLTH 335, 353, 407, 410 and 482. Students will not be permitted to enroll in these courses without completing the prerequisites. See spreadsheet page for additional course prerequisite information.



- Student should refer to professional school prerequisites to know which Biology to take (BIOL 107 or BIOL 111).

II. DIRECTED ELECTIVES

Students must select courses from the Allied Health Directed Electives List (*identified in degree plan packet*) to satisfy the 22-hour directed elective requirement. Students interested in attending professional school should consult with the professional school advising office for guidance on which courses will satisfy their needed pre-requisites.

III. RESIDENCY REQUIREMENT

Students must take **36 hours of 300-499 level** course work from TAMU. If students complete all courses of the Allied Health degree requirements at TAMU, then students will meet the Residency requirement set by the University. Students who transfer in some courses from community college may need to take more 300-499 level hours in order to meet this requirement. *See Residency Worksheet in packet.*

IV. REQUIREMENTS FOR GRADUATION

- a) Submit departmental *Intent to Graduate Survey* (ITG) by the deadline, which is **two semesters before graduation** semester. Your advisor will email you the specific deadline dates for each semester along with a link to the survey. For example:
 - Fall graduation: Complete ITG survey Spring semester

- Spring graduation: Complete ITG survey Summer semester
 - Summer graduation: Complete ITG survey Fall semester
- b) Successfully complete ALL degree plan courses with the required grade in each.
 - c) Minimum GPR Requirement: 2.5 overall at TAMU.
 - d) Apply for Graduation and pay Diploma Fee the semester you are graduating.
 - e) Transfer all applicable courses to Texas A&M University Admission Office.

V. **PROGRESS TOWARDS DEGREE**

Student Rule 1.5.1 states: *“A student is expected to register for a schedule of courses that follows the program of study for a degree in his or her college. A student who elects not to follow the program of study must obtain approval from his or her academic advisor. A student who fails to obtain approval may be held from registration, removed from the inappropriate course(s) and/or required to register for a prescribed schedule of courses.”* Advisors will periodically check to ensure you are taking classes towards your degree. If you are planning to change majors or take prerequisites for professional school, please let your advisor know.

Student Rule 12.1 – 12.2 - Students must maintain a 2.5 or higher GPA at all times. Those who do not meet the minimum GPA requirements may be placed on academic probation or dismissed from their major

VI. **DEGREE PLANNER REQUIREMENT**

All students are required by TEC§51.9685 (formerly House Bill 3025) to complete an online undergraduate degree plan once every year until graduation. The Undergraduate Degree Planner and a guide detailing how to complete it are located in Howdy on the My Record tab under the Undergraduate Degree Planner channel. This is not a substitute for advising, and approval of your Undergraduate Degree Planner does NOT ensure you are meeting all of the requirements for graduation. The Degree Planner typically opens for submission on March 1st and is due for Health students by August 1st. The Degree Planner is accessible at any time to plan for future semesters. NOTE: When students complete 30+ credit hours, they will receive a notification outlining the requirement for them to complete and submit their undergraduate degree planner (even if students are still in their first semester). For these students, the degree planner must be approved before they can register for the following semester’s courses.

VII. **COURSE FORCING**

The Health Department will not force students into any course that does not fall within our department. If a student is entering their final semester before graduation and needs a course that falls within the Health Department, they may be able to be forced into that course depending on classroom space. If a course falls outside of the Health Department, students will need to contact the college and/or department in which that course is housed to see if they can be forced in.

Everything in this degree plan packet is subject to change

**Texas A&M University
Department of Health
B.S. Degree Plan in Health - Allied Health (AHO)
Directed Electives**

Students must select courses from the list below to satisfy the 22-hour professional development electives requirement. Directed electives may be used to satisfy requirements to attend professional school. Students are responsible for knowing the requirements for the professional school they pursue. In addition, any other health class not already on the degree plan (with the exception of HLTH 415, 421, 425, 440 and 484) can also be used as a directed elective.

*The list below reflects courses that are required by all or some of the professional school(s) in Texas. Please visit with the **Professional School Advising Office** (<https://careercenter.tamu.edu/Resources/Professional-School-Advising>) to learn more about the specific requirements of the school(s) you wish to apply for admission. Each professional school will have its own requirements.

Health Directed Electives	Other Directed Electives
HLTH 216, 214, 221, 222	BICH 303 (3 hrs) BICH 410 (3 hrs)
HLTH 332, 333, 334, 405, 489	BIOL 112 (4hrs) BIOL 206 (4hrs) BIOL 351 (4 hrs)
HLTH 285/485 (DIRECTED STUDIES)	CHEM 120 (4hrs) CHEM 227 & 237 (3 & 1 hrs) CHEM 228 & 238 (3 & 1 hrs)
HLTH 291/491 (RESEARCH)	GENE 301 & 312 (3 & 1 hrs) GENE 302 or GENE 310 (3 hrs)
HEFB 222	KINE 307 (3 hrs) *waitlist required through KINE division
	NUTR 202 or NUTR 203 (3 hrs) * NUTR 222 (3 hrs) NUTR 320 (3 hrs) *NUTR 203 will only be accepted for Allied Health Degree if the course was completed by a student as a NUTR Major (Change of Major students)
	PHIL 111 (3 hrs) PHIL 251 (3 hrs)
	PHYS 201 (4 hrs) PHYS 202 (4 hrs)
	PBSI 225 (3 hrs) or PSYC 2314 (3 hrs) PBSI 235 (3 hrs) PBSI 306 (3 hrs) PBSI 307 (3 hrs)
	STAT 201 (3hrs) or MATH 1342 (3hrs) * STAT 301 (3hrs) STAT 302 (3hrs) STAT 303 (3hrs) *STAT 201 can be used as a Math Elective or Directed Elective but not both.
	VTPB 409 (3 hrs)
	VTPP 425 (3 hrs)

**Texas A&M University
 Department of Health
 B.S. Degree Plan in Health - Allied Health (AHO)
 Residency Requirement Worksheet - Catalog 202231**

Texas A&M University requires that students complete **36 hours** of 300-499 level courses at TAMU. If students complete all courses of the Allied Health degree requirements at TAMU, then students will meet the Residency requirement set by the University. Students who transfer in some courses from community college may need to take additional 300-499 level coursework at TAMU to meet this requirement. Consult with your advisor to ensure you meet this requirement.

Allied Health Degree Plan Requirements at Texas A&M University	Hours Completed <u>or</u> Semester Course will be Completed
HLTH 331 (3)	
HLTH 342 (3)	
HLTH 354 (3)	
HLTH 403 (3)	
HLTH 429 (3)	
HLTH 481 (1)	
HLTH 335 (3)	
HLTH 353 (3)	
HLTH 407 (3)	
HLTH 410 (3)	
HLTH 482 (1)	
Required Course Subtotal: 29	
<u>36</u> Hour Requirement – <u>29</u> Required Hours = <u>7</u> Hours Needed List additional 300-400 level course/s taken at TAMU to fulfill 7 hours needed.	
Additional Course Subtotal:	
Total (Required Course Subtotal + Additional Course Subtotal) :	

Reminders:

- Courses must be 300-499 level to count towards the Residency Hours requirement.
- Courses must be taken from Texas A&M University to be counted as Residency Hours.
- Online courses that are 300-499 level taken from TAMU will count as Residency Hours.

AHO Catalog 202231

First Fall			First Spring		
Course	Cr Hrs	Footnotes	Course	Cr Hrs	Footnotes
ENGL 104	3	1, 4	COMM 203	3	1
BIOL 107/BIOL 111	4	2	CHEM 119	4	2
PBSI 107	3	2, 4	SOCI 205	3	2, 4
HLTH 210	3	2	HLTH 231	3	2
Directed Elective	3	2, 6	Directed Elective	3	2, 6
TOTAL	16		TOTAL	16	
Second Fall			Second Spring		
Course	Cr Hrs	Footnotes	Course	Cr Hrs	Footnotes
MATH Elective	3	2, 3	MATH Elective	3	2, 3
HIST Elective	3	3, 4	HIST Elective	3	3, 4
HLTH 236	3	2, 4	HLTH 240	3	2
Directed Elective	3	2, 6	Directed Elective	3	2, 6
General Elective	3	2	General Elective	3	2
TOTAL	15		TOTAL	15	
Third Fall			Third Spring		
Course	Cr Hrs	Footnotes	Course	Cr Hrs	Footnotes
BIOL 319	4	2	BIOL 320	4	2
HLTH 342	3	3, 4	HLTH 354	3	2
Creative Arts Elective	3	3, 4	Language, Philosophy, Culture Elective	3	3, 4
POLS 206	3		POLS 207	3	
KINE 199	1	5	KINE 120	1	2
			Directed Elective	1	2, 6
TOTAL	14		TOTAL	15	
Fourth Fall			Fourth Spring		
Course	Cr Hrs	Footnotes	Course	Cr Hrs	Footnotes
HLTH 331	3	2	HLTH 335	3	2
HLTH 403	3	2	HLTH 353	3	2
HLTH 429	3	2	HLTH 407	3	2
HLTH 481	1	7, 8	HLTH 410	3	2
Directed Elective	3	2, 6	HLTH 482	1	7, 8
Directed Elective	3	2, 6	Directed Elective	3	2, 6
TOTAL	16		TOTAL	16	

Footnotes:

1. Must have at least a grade of 'B' or better and a 'C' or better in ENGL/COMM courses (core Communications requirement).
2. Must make a grade of 'C' or better.
3. Must Meet Core Curriculum requirements.
4. Course selection should meet the International and Cultural Diversity and/or Cultural Discourse graduation requirement, if needed.
5. May be taken S/U or for a grade. Must Make a 'C' or better.
6. To be chosen in consultation with your academic advisor. Select from list of Directed Electives on page 6 of degree plan packet.
7. Meets University writing requirement.
8. Must take S/U.